

## 022 Birth and Death

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to have this opportunity once again of manifesting in this manner. And I hope in some small way I'll be able to bring understanding that will cause each of you to go forth with greater fulfillment in your own personal lives.

I know that I am working this evening with a little bit of a handicap with the old boy's throat, but I believe it'll hold out all right, we'll use a little chewing gum and such as that to stick in place. And I think that we can keep it working.

I'm Dr. Carlos Blair and as you've probably recognized, I'm a little bit English and for all of you that are here for the first time, especially I want to welcome you and say, you see it's not painful at all. And I'm talking about speaking with someone who's already made the transition. You know that's what they call 'talking to ghosts'. I think it'd be good if I livened up the place a little bit this evening. Because it seems like, well, it's a little on the quiet side out there. And you think David they need to be reminded of what we have over here for breakfast? Well certainly, ghost toasties. I thought that might loosen you a little.

Now I believe that I can get to the subject at hand, because this evening I've chosen to speak on a subject that should be of importance to each of you. Because in every way everyone of you here present will and have on many occasions had the experience that I wish to speak of tonight. And I want to speak on the subject that there is no death, as you know it to be. And I'd like to clarify and try to remove some of the fears that some of you might have and to help you better understand those fears and where they come from.

First of all I want to speak of the fact in order to understand the process that man has come to know as death, you must first have awareness of the process that man has come to know as birth.

Actually in reality the term would be more proper rather than that of death, that of rebirth. Because the process of death itself, as man conceives it to be, is indeed a rebirth. And I'd like to clarify, first of all, by telling you a little bit about what you can expect in your world in the near future.

I know this evening the medium spoke earlier about that which is happening in the circles of the scientific world. You will find very shortly as it were, that man will have developed equipment that will indeed be able to take photographs, as it were, of the process that man refers to as death. As indeed that's so that spirit leaves the physical body and makes the transition into that great unknown that all of you get concerned about. Because in that great unknown you, because of the teachings of the philosophies of most religions on your earth at this time, have told you the great unknown is either that of a heaven or that of a hell.

I'd like to shed a little light on what you can indeed anticipate when the time come to make that transition. As I said in the beginning many of you have on many occasions previously, all of you, have had the opportunity of exchanging through both the process of coming through the birth canal into the physical world and leaving it, as it were, by piercing

what we refer to as the veil or the web as it were, between the two worlds. It is not a situation of going to a different world but only a much larger and more encompassing one.

Man will in the next few years in your world be to where he has evolved in his understanding to where he will indeed celebrate as it were, the passing of what you refer to now as death. And if anything might be inclined to mourn that of birth.

When it comes time for each of you to make the transition, first of all you will find that you will instantly as it were, have an awareness that you are in the process of transition. And it is as simple as walking into your home and going in the front door and going out the back, it's just that simple. It is a process of walking through life in the same way, through birth you come in the front door and through the passing you go out the back.

All of you in the physical body have chosen by choice to select to come into the physical body for the purpose of bringing about your own fulfillment, in a spiritual sense, that is. That is not an easy decision. It is much more difficult to choose to enter the physical world which is limiting than it is to go into the un-limiting of that of the realm of spirit, as you know that to be.

When man indeed encases his soul, his spirit as it were in flesh, it is the time of the greatest restriction. It is similar to that of being incarcerated as it were. Even man has come to learn to speak of it in a similar manner, because he speaks of it as the time in the physical body. He has so much time yet, and yes in advance, you have decided for yourselves the period of time that will be needed to fulfill your purpose in the physical body.

Now all who come into the physical body through the birth canal do not go forth to fulfill that full period of time. That can be shortened, as it were, through various means, that of accident, that of one taking of their own life at their own hands, that of disease, that of what man calls war. Whether he was by his own choice or not, he is involved there in what is called group, as it were, karma. And he is drawn into the situation even if he doesn't approve or it, of being confronted with the possibility of leaving the physical body in advance of their time.

I would like to elaborate a little this evening on what happens in both instances, that of entering the physical body and that of leaving it. When man is in spirit and indeed in a spiritual body where there is no limitation, where there are no such things as time and space, where indeed he has the ability to encompass the beauty of it all, and then by choice chooses to restrict himself in coming into the physical body through the birth canal. The first process that takes place is at the moment of birth there is for an instant, a full awareness as it were, of everything that you have come into the physical body to do, the purpose that's to be fulfilled. There is indeed a full awareness that comes about in a matter of a split second in what you know as your time to where you see the path and the purpose clearly.

David are you still there? I believe there's a creature on the medium and I'd allow you to take it off. Don't anybody get excited. I've got ahold of the body good. I believe it's on the left arm about at his elbow on the inside. I don't know what it is. (David) Don't worry Doc, it doesn't eat much. Well I didn't figure it would but the old boy would blame me forever, you know. He say, what in the world did he do to me that time? He'd swear I good a chunk there to fix the throat with. Yes. Now I believe I'll continue on, that we've got the little critter blessed and taken care of, of course David blessed him you realize.

But it is indeed that man has chosen to enter through the birth canal into a physical body at that moment he has a clear and concise understanding of his entire purpose, his direction, as it were. And then it is gone. And in almost the same instant there is a block that's put in the way that the one entering the physical body has no recollection of that of the past, and this has to be the most trying time that man can possibly conceive. If there should be fear at any point, that is where fear should come, because at that moment in time here you are brought into the strangeness of a world that you don't understand. A world that you cannot communicate in, a world in which you are uncomfortable with. And if indeed there is the blessing of loving parents, then soon these concerns are set aside as you start feeling the communication through the emanation of love from the parent to the child.

But even then, it is a process in your own time of years before that child can get beyond the realms of frustration to be able to communicate and express their own inner feelings as they really are. And until that has come about there is great frustration. That should be the time of fearfulness, not that of leaving the physical body. Because when one leaves the physical body and does indeed pierce the veil which is sometimes referred to as burning through the veil, as it were, you come into full awareness. But that is also where you're judgment comes in. Because you're not being judged by God almighty sitting upon a throne in some far off place. But it is in this same world that you now find yourself in, it is just at a different vibratory level. And the judgment will come about by the God portion of self, because as you proceed into the physical body by having all awareness, upon entering spirit you will see every thought, word and action, as well as deed that you have had and committed exactly as it was done, and you will then have your opportunity for that heaven or that hell. There'll be a little bit of both of it there for you, I can assure you because no one leaves the physical body in the total state of perfection in the total a-one-ness, as it were, with that great God head. At the time that you make the transition, unlike the birth where you know no one, where you're a stranger, you can't communicate, it's in a darkened world to you, you will have all of those who've gone before you that you have known from previous times, there will be such great rejoicing, such happiness, such great freedom as it were, of having shed the latest side the physical shell that was no longer a fit habitat for the soul. That you will be so involved with what is there, that you'll certainly have no concern for what is left behind.

Now I wish to speak of several areas pertaining to that of passing. More and more in your world you will find the experiences being recorded of those who have had the opportunity to pass through the veil, as it were, in death and through their extreme, strong, will to live, have brought themselves back into the physical body and have recollection of that which they experienced. And in so doing they find that, contrary to what in most instances has been the understanding of most in the physical body, that this place in spirit is indeed very beautiful, much greater, much more attractive, as it were, than that of being in the physical body. Let's speak about the variations of time that take place sometimes at the time of birth when a soul has chosen to reenter in a physical body in the physical world once more, when they reach that point to where they see everything clearly in front of them that they have chosen for themselves. There comes about an extreme change of heart, and they very quickly retreat back into the world of spirit. And that is when you find what you refer to in your world as that of a still birth.

Lets talk about the areas of accidents, because man in his clumsiness and in his indeed restrictive abilities while encased in the flesh in a physical body, is prone to have accidents, many time those which are either that of life taking or that of bringing great devastation upon the

body. When one experiences that of an accident and goes to what you refer to as a level of being comatose or being still in the physical body but not in reality existing in it, just being held there. This can come about from twofold, either spirit has chosen to utilize it as an opportunity for spiritual growth for those around that individual and that one has chosen to, through their own free will and the will to stay in the physical body, to remain in that suspended state. They will indeed normally remain there until such time as their allotted time in the physical body has indeed been fulfilled. Or the purposes for which they came have been fulfilled. And upon that they will release the physical and once again make the transition that man refers to as death, which in truth is moving into life.

Man, when he comes into the physical body, utilizes it in whatever manner he chooses, according to the dictates of his own free will. He either takes care of it or mistreats it. He can indeed prolong his health, he can indeed prolong the process and make it as comfortable or an uncomfortable for himself to manifest in. And it is of his own doing.

Now let's speak of those who are placed in a situation of having to, once again, reenter spirit prior to their time because of such things as man creates, as that of war, or that who might be victim of murder. In most instances, those are the very souls who reincarnate very quickly because they do not have the fulfillment completed that they came for doing.

The one of course that I wish to speak about is that of the one who does indeed by his own hand take his own life. In most instances, not in all, in most instances this is done prior to the time that the purpose of the spirit has indeed been fulfilled. Instantly upon entering into spirit that one will see with all the fury of the hell fires, the fallacy of his choice and the fallacy of his ways, and he will relive time and again and time and again and time and again the very act that he utilized to relieve himself from the physical body and it will be done again and again until such time as that one sees clearly and understands with great remorse that that which was done was indeed not in accordance with the laws of God Almighty. And then that one will be released to once again reenter a physical body, then to go forth and not only fulfill what he came to do to begin with, but to override and offset the mistake that was made.

I'm here to tell you that when you step into the spirit world there is a moment of what I would have to refer to as, well, let's see, how could I say it you might understand. It would be like that similar to what you might refer to as a hot flash, as it were. There is a moment of heat, of energy that is built which is only in what terms of what you might say is of a split second, as you do make the transition of piercing the actual veil between the various planes of spirit and all the planes in spirit are separated by that veil or that web as it's sometimes referred to. And as you evolve through that, there is a sensation, not of pain, but of intense heat, as it were, that is the momentary discomfort that you might experience as you make the transition leaving the physical. But even then most who are in that transition, are so excited by the time they reach that point, and so happy to get back into that total area of freedom, that they don't even notice the passing through the veil itself.

If we in spirit could but have man truly understand the beauty and the simplicity of it all, the indeed beauty of the world of spirit itself and have you realize that it is not some far off place but rather just a different vibration, a greater and much larger world than you now know. Encompassing that of the entirety of the universe or the entirety as what you might refer to as the cosmos. That is why you've heard my medium say previously that if ever he had

something of great seriousness, that somebody would have to tie him into the body because he'd sure like to get over here and stay. He wouldn't want to be kept there.

And it would be something that every one of you would be looking forward to and indeed anxious about if there were some way for you to truly have the full understanding and awareness of the beauty of it all. It is much more difficult to conceive the soul, the spirit, as it were, choosing to enter into the limitations of a physical body. And the frustrations that are brought about through that process, then it ever would be of man making the transition from it into the world of spirit that you call the process of death.

Now I believe that I've rambled quite long enough and I believe that I should have created some questions especially if we have some very good ones here who are -well what should I say-deeply embroiled in the religious concepts of the hell fire and brimstone. And that of course - there's nothing wrong with that understanding other than to realize that God is love, not that of torment as it were, yes.

Question: Understanding that thoughts create, from what I've read about the transition is that since we're no longer involved in time and space if we expect to and don't have the understanding of the transition of heaven and hell that as soon as we make the transition because we expect it or think it...

Dr. Blair: You get the opportunity to experience a little of it, yes. You get the chance to experience a little of it until you say "Well, wait a minute, I don't know why in the world I accepted this." Yes, that's true. You work your way right through it, but it's not at all the hell that's referred to there, it's not at all like that which man has conceived in his own mind. You won't find the devil over here, I promise you.

Response: Even if you expect it?

Dr. Blair: Nope, he won't be here, you're going to get disappointed. No pitch forks over here, I'm teasing a little.

Question: In the past I was comatose for 10 days and had no recollection of where I was or what I was doing. Is it not important that I don't remember?

Dr. Blair: In all probability not, there may have been various reasons for your experiencing of that condition, and it isn't always one that all have awareness and knowledge of why or what happened to them. It isn't always in the comatose state, but you may find you get to stay about that much longer than the original plan, when you came in you see. Cause you'll still fulfill it all, whether you get it all done or not, you'll just wait around yes.

Question: I've heard Marilyn say the ministers who preach the fury of hell fire and brimstone and then go to the other side and realize that that wasn't correct, that they really can put themselves through things.

Dr. Blair: Yes the pain and agony that is there is great, of course.

Response: What type of karma do they build for themselves by what they have taught, is there karma to them personally?

Dr. Blair: Most certainly it would not be in accordance with divine law or God's law or natural law for it not to be, the process of cause and effect is there. And if indeed you have planted poison you're going to reap poison. You're not going to get an abundance of love. And certainly and those who come into that awareness, if it was at the true level of their ignorance, if it was at the level of their understanding then they would see it clearly, experience great remorse for it and in all probability chose to once again enter the physical body to reverse the process, you see. But they would not linger in this great hell fire for long periods, and such as that. Now one who came into the understanding truth about that of spirit, and then did not have the courage of their convictions and went about teaching non-truth knowing that it was not, would indeed have created for themselves a real hell when they got into the spirit world, of course. Because you are held responsible to the degree of your understanding. Yes.

Question: Is the birth that you're speaking of, is it the purpose more to work off the karma that you created in the past or is it more for a purpose that you have thought out before and come into this body to experience and fulfill?

Dr. Blair: Well it can be multiple and it most often is very limited amount of it is what you would refer to as that of karmic, there might indeed, especially one who had taken of their own life or something of that nature, would then have some karmic involvement with it. However, by far the majority who re-enter the physical body do so out of choice, because they see the opportunity for them to experience and thereby make spiritual growth to a greater a-one-ness with their own God And then the other primary reason is out of a desire and seeing the opportunity to come once again into the physical body for that of helping their fellow man. Yes

Question: Whenever you can't get someone to accept the general idea of the transition, from what I understood that a good way to go about it was just to ask them to look towards the white light rather than \_\_\_\_\_, would that ease the confusion?

Dr. Blair: Well of course, if it indeed does register with them. Most depends, now if they're deeply stewed, as it were, in some of the old concepts that are taught yet in your world, then they would have difficulty in understanding the terminology of 'look to the white light'. But it certainly would be a good one to implant in their subconscious mind of course. Because that would do a great deal for them at the time of the transition, yes it would.

Question: You said something about when you're in the spirit world there's more places to go?

Dr. Blair: Well it's unlimited here, we're unlimited here, we don't have time or space, we're not encased with a physical body.

Response: What kind of places do you go?

Dr. Blair: Not at all that much different in your world, as such.. We do go forth with great love and all the negativity is removed, you see, over here. We don't have negativity in spirit. That's what makes it beautiful, yes.

Question: Over here we have a condition where the person says, "I know I'm going to die" and all this kind of stuff, we say that they've talked themselves into it.

Dr. Blair: That can indeed happen.

Response: They haven't necessarily fulfilled what they came for.

Dr. Blair: Not always, yes, the free will, the will to live as those who are in your medical profession today will tell you, that on many instances they will have the one who, well medically speaking had no possibility of survival, but the will to live was so great that they indeed stayed in the physical body. But the same token though, there would be those who had no reason what-so-ever to leave the physical body, but due to the lack of the will to live made the transition. Certainly.

Response: When they make the transition will they have to deal with the same thing that someone would if they had taken a gun and taken their life that way?

Dr. Blair: No not at all. Because it is a matter of giving up the desire to any longer remain in the physical body, but not taking physical action to remove that. You see what I'm saying?

Question: Does the soul, the way I understand it, the spirit or the soul, enters the body at the time of birth, physical birth, is that correct?

Dr. Blair: Yes.

Question: I have a question that I really don't know how to answer...

Dr. Blair: Here it comes because she's going to ask about abortion. Yes, I can see that one way ahead there. Well in reality what you refer to as the soul, enters the body as near as we can conceive it in terms of your time, which is very difficult indeed for us here in spirit, at approximately the third month of pregnancy, into the fetus, you understand. That is a time when indeed the brain has developed to the extent that it is starting to have somewhat of awareness through the nervous system and the beginning of it. You have a subject there that certainly could take a good evening or two to get into discussion about. But the awareness of the soul is not there until such time as it indeed comes through the birth canal.

Question: So prior to that time is it wrong to abort a fetus, I mean prior to the third month?

Dr. Blair: That would be a matter of choice to the individual because, remember child, you are indeed responsible for every thought, as well as action. And so many times those who are so pious in your world who say, indeed it is wrong to abort the child, do not take into consideration that it is also indeed wrong to bring into the world the child that is not wanted and will not be loved. There is a dual responsibility and if you indeed were to abort the fetus, prior to the time of the entering of the soul then of course you still have the responsibility for it. And - but remember also, that to have contemplated the thought and have within your heart the desire to bring about that abortion and if only because of man's concepts of right and wrong, and what indeed society would say, through that choice, you went forth with the pregnancy, you committed the same thing when you had the desire, the feeling and the thought of bringing the abortion about, in the eyes of God. I'm afraid I can't get into that subject much further because of the time.

David, what's the time like, the Rock's getting nervous. Yes, I thought so, he's about to go on the war path over here. I heard another Dr. Blair down there and if it's a short one I'll take it.

Question: Since man can only use a certain part of his brain, will man ever get to the point where he'll be able to control his life expectancy and control curing diseases within his own body?

Dr. Blair: Man can now if he just has the faith and belief in God Almighty. That, after all, is what Christ and all the other great teachers before him and since him have come forth to bring into the understanding of man. Yes, it is within the power of man to allow God to work through in that manner, yes, by all means.

Now I believe I better take leave of the body. It has indeed been a pleasure and I didn't mean to get on a subject that was so downy, because it's really uppity, how's that? Yes.

Question: I have a request, will you do a class sometime on abortion and get into more detail sometime?

Dr. Blair: Well I'll have to talk to my medium about that you know. Because that's what he says, hey, doc just a minute, you know, there's areas that are pretty controversial, and I get reflected upon accordingly, and he says you know you don't have to live them, I do. So you see he's the one that gets all the rebuttals, as it were. So I'll discuss it with the old boy though and see what he thinks. How's that? All right.

And now I'll just tell you Connie, yes child, it's all ok. So don't have any concerns at all. I didn't want to pass you without recognizing and saying "hi" to you. You know that she's one that chose to come through that canal to my medium, that is, of course.

Now I better get out of the body. The Rock's nervous. And do you know how a nervous Indian looks? My goodness, well I can't tell you because it's mixed company. But his breech cloth isn't staying very well in place, he's dancing a little rapidly. I best get going with that one, I believe. I thought I'd better pick the vibe up a little before I get the medium back in the body. You would think for certain I took you all to the mortuary. Yes.

It has indeed once again been a pleasure for me to have this opportunity and as I go forth I ask only that God pour forth his richest of all blessings upon each and every one of you and may you ever walk in his light and know his Love. But most of all may you be filled with this peace. God bless you everyone.