

005 The Discipline of Dependability

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to once again have the opportunity of manifesting in this manner. And as I come forth this evening I know that we do not have a great deal of time but none-the-less I believe it will be adequate. I'm Dr. Carlos Blair and I wish to welcome all of you, especially those who may not have been here previously.

I would like to speak this evening on a subject that I feel is very fitting because of the happenings that have been taking place here within the confines of your country as it were. With the return of those who have been so long removed from their families. And I want to speak of the subject that I would refer to as discipline of, what I would call, as it were, dependability.

This is an area that we find those in the physical body having great difficulties with disciplining themselves in. Dependability being that which is born out of the fact of, for the most part, of the youth of mankind. It is something which if it is not developed in the times of the early youth, then many times later on it becomes a great detriment, as it were, to the progression of the individual who's manifesting.

Dependability of course is a simple process of having to accept the responsibilities for self and to take on those responsibilities and discipline self without having been overseen by others.

Many times with a child, as an example, a child is taught dependability by the parent by the manner in which the parent is dependable by their actions. If the parent has constantly made promises, let's say, to a child and those promises have not been kept. Then very soon that child learns that the parent is not dependable. Or their word is not dependable and if it is all right for the parent to not be dependable, then that must be the proper way to manifest.

To the contrary, if the child is given chores, let's say, even though it may not be to their liking if they are instructed and guided towards the fulfillment of the assignment they will very soon learn the process of being dependable. That which I start must be finished, whether I enjoy it, whether I like it or whether I don't. And that is where the area of discipline of dependability comes in.

Those which were recently held in captivity for the long period found within themselves that they had indeed learned dependability to various levels. But none-the-less all to the levels of acceptability.

You find as you read in your Bible one of the better examples of dependability of youth is that of the one known as David who as a small child was shepherd of his father's flocks. Who as a small child accepted the boredom and responsibility to see after the sheep, as it were. But in the process did not while away his time needlessly but rather disciplined self to learn to play, what man knows as the harp. Not only to play it acceptably but to play it exceptionally. That when the time was right and the king of the time was looking for someone to play in the court, this young man, this young shepherd boy was called upon because of his abilities. And during that period was indeed dependable. And when no longer were his services needed it must have certainly been a disappointment to be returned to attending his father's flock.

However, he did so with no less dependability. Because as you read you realize that he did protect them as it were, against the lion as well as against the wolves, the bear. He was indeed dependable.

Man in your day and age is going through the processes of losing great portions of dependability. Wherein they accept the responsibility regardless if it be on a job, or with the rearing of children or with the position of husband or wife and do not conclude and follow through to the fullest extent as it were.

Your society today leans much more heavily towards individuals learning a little bit about everything and not having one single thing in which they are master. And we in spirit see the need for man to realize his full potentials and to indeed do them to the utmost of his ability, but singling out the one at least, in which to be the master. Doing whatever has to be done with every further, every ounce of energy, every ability of thought to bring it to culmination to the greatest degree of perfection that is possible. Not doing things by halves. To do it to the degree of your capability is accepting the responsibilities for it and thereby learning to be dependable.

This is not true only in major areas of one's life. It is even more important possibly, in the more minor areas where it is easy for man to say, "Oh, it's not that important," and be slipshod, so to speak, with their dependability. I am not professing that everything that man does should be done to the fullness of perfection. Because there are certainly things within you lives that do not demand or warrant, as it were, perfection. But those things that you have awareness of, that need to be done to the best of your ability, then you should find yourself indeed being dependable.

The one who's dependable is the one who can accept the job to be done and, without another checking or looking over their shoulder, go about doing it to the best of their abilities, without supervision of any kind. That is dependability.

It's a little bit like the old car you know. If the old car grunts and groans and doesn't start part of the time, it's not dependable. And it becomes very quickly an irritation and soon, unreliable, undependable, and worthless. So regardless of the task that you undertake, whether it be that of accepting an animal as a pet, whether it be that of having a family and rearing children, whether it be in the aspects of your work, the manner in which you earn your livelihood, don't do it only when someone's watching. Do it to the best of your abilities regardless of all other things. You will then be looked upon as being someone who is indeed dependable.

It is something which is learned. It is learned through trial and error, it is learned through observation of others. And by the time someone has indeed reached adulthood, if they have not already accomplished the discipline of dependability, then it would be very hard indeed for it to come about. You see, it would be as though I were not dependable where Robert was concerned. If indeed he had to come forth for the purpose of allowing my manifesting in this manner, and every so often I just didn't bother to show, I would soon be set aside, I can assure you. I would soon be looked upon as not being dependable, which would indeed reflect upon the medium. So it is very important, especially those of you with children, that you instill within them the importance of the discipline of dependability.

God Bless you all.

And now I think I might have created a few questions on the subject, so I will address any question that has to do with that which I have spoken on.

(long pause)

My goodness, I hope at least that I have instilled the need for each of you to give a little more thought to your own lives, as to what aspects and what areas am I really manifesting with dependability. And is there an area in which you're not dependable and if so make your awareness come forth so that you can indeed work with it.

(long pause)

Question: Just a comment. I think that one good thing to think about when we're developing spiritually as far as being strong enough and dependable enough that if someone comes up and asks you what your faith is and what your spiritual beliefs are, that you become free with them. So being one way during the week at your job for example and on Sunday you're very holy.

Dr. Blair: Yes that is called spiritual dependability in the light of God, as it were. Not in the light of man. But if you cannot speak to the level of your own understanding and beliefs because of what man might think then you're not too dependable as a servant of God are you? Most definitely.

How are we doing on the time David? Well you're right on time, it's 10:30 now. Well that's just about on time isn't it? Yes. I know what you're saying. I'm teasing.

Question: If a person is older and hasn't developed these responsibilities sort of thing, seems kind of hopeless and one thing you said and I wondered if you could point out any particular techniques or exercises that would help an older person develop this dependability and responsibility?

Dr. Blair: I'll be more than happy to. Sorry about that interruption there. I thought the old boy was going to do it with one of those 'achoo's you know. I don't want to lose the choppers.

Yes by all means. It would be to select the one area in which dependability would be of the greatest importance or have the most significance in your own life. And as a result of that each day reminding yourself in the meditations that you're doing, that, "Today I'm going to strive for greater dependability in this one single area." As soon as you have been able to accomplish it and bring it into being in that area of your life, you'll find that it'll automatically start coming about in other areas as well. Do you understand what I'm saying?

Response: Uh-huh

Dr. Blair: It is a matter of working at it, as it were.

(long pause)

Well my goodness, I believe we've done it, David. I believe that maybe we have given some food for thought here.

Question: Dr. Blair, say if someone is going through classes, spiritual development classes or psychic development classes and they do such things as automatic writing or trancing, or etc,

etc. But what comes through, from what is called spirit or an entity or something from the other side, that says certain things and yet they say certain things that don't happen to come about, is that lack of dependability?

Dr. Blair: Most definitely, I wouldn't be too dependent on that, would you? Not at all. It's no different than one who's in a physical body who time and again were to tell you one thing and then do another. You very quickly would recognize that individual as not being dependable. And one of the greatest mistakes that man makes is to realize or to think, as it were, not realize, that the moment that one makes the transition from the physical body into the spiritual body, in spirit, that all of a sudden they're all knowing and purified. Well if Uncle Charlie was a tremendous liar when he was in the physical body, and he gets over here, well not instantaneously is he removed from being a tremendous liar. He'd probably lie to you as quick then as he would have before, you see.

Question: Well say if one who is working with you is supposed to be one of your teachers and such, but if you don't have faith in what they say how can you work with them and grow at it then?

Dr. Blair: Well if that were the case with Robert I can assure you he would say "God, I think it's time that I had the opportunity of working with other teachers." Because again, as Christ taught, as it were, it's most proper to test the spirit. And the testing of the spirit of course involves the...over a period of time to see if what is being brought, first of all, is of a spiritual nature and, secondly, if it indeed has validity. And if it does not fall into those categories then I would be very unacceptable of it, yes. That is a good example of the lack of dependability.

Now I believe that we have just about taken the time that we should. And I do most definitely appreciate the opportunity of once again having the chance to manifest and bring forth the teaching of this nature. With the hopes that we might help mankind to see a little more clearly his own needs, his own lacks, but also his own strengths and blessings. So as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his Love. But most of all may you be filled with his Peace. God Bless you one and all.