

016 You and Death

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to once again have the opportunity of manifesting in this manner.

And I am Dr. Carlos Blair and as you have probably already recognized I'm a little bit English but I hope you don't hold that too much against me.

And it seems as though this night it would be most appropriate if I speak on a subject that I've concerned myself and considered many times previous, but I did not feel the timing was right. And I wish to speak on a subject which is definitely in direct relationship to the time of the year in which you now are abiding in the physical body, and that period of time you refer to as Easter. And I wish to speak on a subject pertaining to, and hopefully to clarify somewhat for each of you and your own understanding, to pertaining to, You and Death.

Seems as though man in a physical body from the time he enters as a sibling and manifests through that stage into that of a small child, is taught the great fears to have this change that man has considered and called death. And in truth it has to be, or should be, considered as a moment of glorification or graduation, as it were, because it is a completion of work done.

Each one, prior to entering the physical body has, by choice, made certain selections for themselves and the path on which they wish to follow and evolve. They have indeed from the spirit side here where we see things clearly, looked upon the earth plane and seen the need for a fulfillment in their own spiritual progression, and looked upon the situation as an opportunity for greater spiritual growth, with that choice and understanding in mind, have of their own volition to re-enter the physical body to those particular parents, under the particular circumstances, that

would evolve to bring about the spiritual growth that would be needed by that individual.

Of course, man's purpose from the beginning of the time in which the soul was first released from the God head is a portion of God himself, was sent out to search for and find once again that same a-one-ness with God. But in so doing, God has seen fit to give man the utilization of free will of choice. In other words that does not mean that man must follow a given path, even once the decision has been made to re-enter the physical body for another incarnation of being in the flesh. It does not mean that you must follow the path that has been previously decided upon. You still have free will of choice to either follow it or to go in other directions.

In any case, in the majority of situations by far, each one who enters a physical body does make some degree of spiritual progression while in the that physical body, therefore becoming a higher soul, as it were, spiritually speaking, greater spiritual awareness and understanding and a closer a-one-ness with their God. And when it comes the time, as it did for the one that you called Christ- Jesus the Christ I'm speaking of, for him to fulfill the balance of his purpose in a physical body, to indeed place himself in the hands of the very ones that he knew would cease and bring an end to his physical existence, did so with the full awareness, not without some of the human, as all of you in a physical body have, difficulties, fears, emotions, but in spite of those, being such a highly evolved spirit, over-rode that which he, himself, feared most and went forth to make the transition.

He had the insight to realize in advance of that time, that he would again resurrect, as it were, and be seen not by a few, but by many. To be able to demonstrate to man that indeed life is, indeed, eternal. Man comes into a physical body to manifest in your world for a period of time, which he considers if he happens to reach what he refers to as old age, that of extreme old age, being that of one hundred years, and the majority leaving the physical body much in advance of that time. It is indeed like the

blinking of the eye in comparison to that entire time that you spend in a physical

body when you compare that time to, as it were, eternity.

In spirit there is no time and there is no space, as you know it to be. It is indeed eternal. And it is only in your world that man himself has created what you refer to and know as being time, which is a limitation that man, even in advance, programs himself within a negative sense by saying "Well I can't hope to live more than x number of years", as it were, whether it be seventy-five or seventy-two or whatever. And thereby programs for many years in advance the coming of his transition. God has not limited man as to the period of time that he can remain in the physical body. It is entirely up to the individual manifesting in that physical body.

First of all, the manner in which they take care of that physical body which is God's temple. There is no reason that under the proper circumstances and conditions that man could not utilize, as he has many times previous, the physical body for literally hundreds of years. It is his misuse and mistreatment that limits that time as you know time to be. And through the resurrection, Christ himself did indeed demonstrate to the entirety of the universe that life is eternal. I have said this previous and I will say it once again, if in fairness in terms of what man considers time in the proper ratios of the life-span of man compared to eternity, you're all dead. It is those of us in spirit who are indeed very much alive. One blink of the eye compared to eternity.

As you well know, the process of reincarnation is indeed by choice. It is not something which is inflicted upon or indeed forced upon any soul. As I say in spirit we do not have time as you know it to be. The one certainty is that every soul that has indeed been sent forth from the God head, will once again evolve until such time as the perfection is reached to where that soul once again becomes a part of the a-one-ness of the Godhead from which it came.

The manifestation of this great one that you call Jesus the Christ is not the only example. The book which you refer to so readily in your world called the Bible, does indeed time and again make the various references in that Elias was indeed John the Baptist. And this was spoken of in the portion you know as the transfiguration. That is only one of many areas that are referred to in your Bible.

I know that many of you feel because of the backgrounds and the basis upon which you were initially taught as a child and possibly even on into your older years of adulthood, in conventional concepts of religion, you have been taught to have fear of death. And that fear being placed there totally upon the basis of what you in your world refer to as the possibility of going to this dreadful place called hell.

There are so few who are manifesting in a physical body who indeed feel within them self in honesty that they could possibly strive and reach the necessary level of perfection that is outlined to be admitted into this beautiful place you refer to as heaven. Therefore the connotation of negativity has been placed upon the change called death. And it is through merely the fear of ignorance.

At the time of the passing of the spirit, that of leaving the physical body, it is as though you have discarded a worthless empty shell, and the good portion, not unlike many other things of nature, all forms of nuts as well as many others where the essence is found within, not merely in the shell which is worthless. The shell is only the protection. It is only the manner in which it can be manifest. And as quickly as you leave the physical body the soul immediately enters the spiritual body. Which again is referred to very vividly within your Bible. And you place that worthless shell into what you call the ground or the grave, as it were, and then the concept is taught that it's going to someday, this fellow named Gabriel, you know, all lot of people`s waiting on him. He brings about a lot of patience, because sometime he's going to decide to

blow the horn. And then all these bodies and so forth are going to rise at one time, open up the graves and, boy, is God going to be busy. He's going to have billions and jillions as it were, to judge all at once.

We in spirit find it very difficult for man of normal intellect to possibly be able to in a logical manner comprehend a God of that nature. God is indeed a loving God. God is love and Love is God, exactly as Christ taught. And that God portion of self, or spirit or soul, is that portion which leaves the physical body and makes the transition.

And so that you might well know what can be expected when you arrive on the spirit side here, is that you will see, as you see now, but even much more clearly, and you will indeed be able to see every thought, action and deed exactly as it was committed while you were within the physical body. And you shall judge fairly. It will not be possible to say, "No, I didn't do it that way." You will know that indeed, it was done either in the wrong manner or the proper one. And you will judge and see your own progression.

And to look back and to see the wrongs, and to see the hurts that have been brought upon another who is still manifesting in a physical body and not being able to change those hurts, not being able to correct those wrongs, I can assure you, will indeed be hell.

It happens almost immediately upon your leaving of the physical body. And once here in the spiritual world, where you are indeed more aware of, from all aspects, the beauty, the glory and the light of God Almighty.

Each of you in your own right will have stepped into one of the various levels, as it were, of heaven. Now I don't want to make it too attractive because some of you might want to get out of the body a little too quick. But it is not that much different, other than the love that's emanating, and the positiveness, the cleanliness, and that everything is magnified many fold. There is that greater and closer a-one-ness with your God.

If man indeed had the ability to remove from his fellow man the fear of death, or the transition you refer to in your world as death, he would raise the vibratory spiritual levels of your universe to where, instantaneously, you would all have the fullness of peace on earth and goodwill to all mankind, because no negativity could therein could exist.

It is as though the small child with much time, effort and labors has evolved into what you refer to as a school of learning. And through those efforts and labors he has progressed through all of the various levels of study of what was referred to as grade school, and high school, and possibly on through the higher levels of learning in your world, that of college, obtaining an ultimate degree for which he has spent the better part of a fourth of his life to acquire. And then coming upon that moment of graduation saying, "Oh, I don't want to". It would be rather foolish, would it not? That is exactly the situation that man finds himself involved in when he has indeed utilized his time and fulfillment in the physical body, to when it comes that moment of graduation, of laying aside the physical for indeed the spiritual, for man to not look forward to the rewards of his work, the fruits of his labor, if you will. Then he has labored under false concepts.

That was indeed the primary purpose to be fulfilled by the entirety of the life of Christ, was to indeed remove the fears that had previously been instilled in the people, concerning the change you call death. God bless you one and all.

Now I believe I should have stirred up quite a little bit of controversy and needless to say some questions pertaining to the subject I've spoken on, so I'll entertain those questions at this time.

Question: You were talking about how we can limit our life-span through our own thoughts. Is this a collective type consciousness of a group of people or is it just individual?

Dr. Blair: Both. In reality individuals make up groups you see. And on individual levels they follow. It is like those within your world who are respected for their knowledge, who put forth the concept that man's average age will be, and woman's average age will be, based upon scientific facts, as you know it to be, and then they say, "well I can't expect you to live any longer than that". And so man has indeed limited himself. Yes. And he has taken care of the body accordingly. Well he says you know, "I'm up to fifty now and it's still working pretty good, and I can use it pretty hard now because I've only got another twenty years to worry about it". You see what I'm saying? It's rather ridiculous is it not" Yes. Certainly.

Question: Could it possibly be that a lot of man's fear of death isn't so much the death experience but the pain and suffering and the feeling of deprivation you have when someone else dies?

Dr. Blair: Well that fear and suffering and pain is only there if it is in direct proportion to the level of the understanding of the individual that's experiencing it. As an example this might be somewhat shocking for you, but I feel that it's appropriate. The only reason that man if he has proper understanding to concerning death, the only reason that man finds great hurt, great upset-ment in the passing of another, is indeed through his own selfishness for the presence, the physical presence, of that one. Because in reality, regardless, whoever is making the transition is indeed graduating on to something much greater. And therefore for those who are left behind that love, it would be like the mother saying, "Oh I'm terribly upset now, my son, I've worked hard and I've directed his life and I've helped him along and my goodness, he's out on his own now, I'm hurt" Well it isn't because she's hurt about him being successful in his endeavors, it's because of the selfishness of, "I don't want to let go." Do you see what I'm saying?

Question: To follow this thought, why then did Jesus Christ, while he was on the cross, he wasn't feeling sorry for other people.

Dr. Blair: Oh but yes he was. He said "Forgive them Father for they know not what they do."

Question: Yes but didn't he also say "Father why have you forsaken me?"

Dr. Blair: Certainly, he had the momentary weaknesses as all who are in a physical body. Certainly, but he also realized when he spoke to the one who was next to him, who said, "Do not forget me" and he said, "This day you shall be with me in paradise". He didn't say, "When this fellow Gabriel blows the horn I'll take you to paradise". He said, "In this day you will be with me in paradise". So there was still compassion for his fellow man and for the fulfillment of the purpose for which he came. But yes, he did have the emotional weaknesses as all who are in a physical body. I wasn't saying it in criticism; I was saying it in factual statement. Yes.

Question: Could you tell us something about Jesus previous lives?

Dr. Blair: I don't feel that that is appropriate in terms of this evening, but there were many previous ones, as it is with all who enter the physical body. But he was one who evolved very quickly, because from nearly the beginning he was into the area of light and was seeing clearly his purpose and the fulfillment of the evolvments of each life as he manifest, and therefore his strides were much more rapid and the number of lives to be spent in a physical body were much less. Yes.

Response: This wasn't his first life?

Dr. Blair: Not at all.

Question: How do we know when we're on the right path, that we are fulfilling what we came here to do?

Dr. Blair: When you feel inner peace, when you are fulfilled with your a-one-ness with your God, when you experience the experience that all of a sudden you feel within yourself, "I've done this before". That's because you're seeing it clearly as you have previously seen it, prior to coming in the physical body, and that is a good indicator. But as long as progress and growth spiritually are being made, then of course you can pretty well be assured that you're on the path on which you belong. As long as you're not regressing, and very few do that.

Question: Did I understand you to say a while ago that if we could resolve man's fear of death that we would have peace on earth?

Dr. Blair: That is true because it is the overriding factor of fear that permeates the entirety of your world. That is the single greatest fear that mankind as a whole recognizes and utilizes as the reflections to base all other fears upon.

Response: Is there some particular thing that I could do for example in my practice that would resolve this fear for the people who really are paralyzed by it?

Dr. Blair: Certainly. Because doing what you do so well, if you indeed could through utilizing the hypnosis allow them to see clearly, spirit, as an example. It only takes one time you know. Then they get anxious about staying over here, yes, that removes fear. It's like the medium you know, he says he better never have a great serious problem with his physical body, cause he's just gonna have doc take it and say, "Ok doc, you do with it what you want to, I'm staying here." And he's partially serious about it you know.

Question: Do you agree with the statement another medium, White Lily, says that the saddest thing in the whole wide world is to see someone die without living out their life with a smile on their face?

Dr. Blair: Well, I'm certain of the manner in which you've quoted the teacher you're speaking of. But it's about having knowledge of the fulfillment of happiness, and the fulfillment of the purpose and having knowledge of it. To pass without that is sad, yes.

Question: Will we possibly, will we recognize or see familiar people when we make transition?

Dr. Blair: You will see them prior to the time of making transition. If you have the opportunity of being around, especially the elderly or those who are extremely ill, you will find in the last days or hours that all of a sudden they will many times, man looks upon it as though they're hallucinating because they're talking about, my goodness, there's mom and dad, there's Uncle Charlie and Aunt Frank and so on you know. And they say, "Oh they're out of their mind, they're talking out of their head." Well, they're very much in their minds and their heads because they are indeed seeing father and mother and Frank and Charlie. Yes. When that time comes, unless it is of a swiftness such as that of an accident there is previous awareness yes, and almost immediately upon your leaving the physical and entering the spiritual realms, you will be met by those teachers, guides and loved ones to such an extent that in most instances the individual who's made the transition is not even aware that they've left the physical body. They're so involved in the reuniting with those who've gone ahead that they, at least for a short while, are not aware of having left the physical body. It is not at all an unpleasant experience.

The one the young man referred to, the teacher White Lily, I believe that she has very well taught and exemplified for all of mankind what a simplified meaning of hell is. And that is when you arrive here in spirit and you look back and you see tears in the eyes of someone that you love and realize that you placed those tears there, and you cannot reach

back and wipe them away, that'll be hell. And I believe that says it pretty well.

Question: In the, somewhere in the Bible, the Old Testament, there is a statement like what is already, has been and what already has been always will be.

Dr. Blair: Yes, in other words and that's a very true statement, the reference is that God is, was and always shall be.

Response: Is that saying that today man's fears of today have been around for thousands and thousands of years?

Dr. Blair: Well yes it has, but it was primarily for the last two thousand years because that was when organized, for lack of a better word, religion came into being. And it was through that utilization of religion in that context that they started teaching the fears that man is so involved in now, but previous to that time, there were those who manifested in physical bodies that, and it is matter of record, that were much more advanced in understanding, in spirituality, in abilities, and all ways, than what man is now in the physical body. That is how it came about, the building of what you refer to as the Great Pyramids, what you refer to as the accomplishments that could not be in this day, duplicated by even all of the technology of man, yes. Most definitely. And it involves so many things such as alchemy and others, as well.

How's the time David, the Rock's getting nervous. You're talking about after the time it's supposed to be not after the hour. Yes, he's getting a little nervous. I felt that in this time of the year, when all of you are going forth with awareness of not only that of this beautiful teacher who indeed gave his life so all might see the path clearly, so that all might see more clearly of how to reach forth and attain their a-one-ness with God, and not only through giving, but more importantly through the resurrection bringing the understanding unto man, that indeed life is

eternal. That should be the whole of your thought in this beautiful time in your world.

It has indeed been a pleasure once again to manifest in this manner. I hope that in some small way we might have caused you at least to consider to think for yourselves in order to find an even better path and direction toward finding your a-one-ness with your God. And as I leave I ask only that god pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his Love. But most of all may you be filled with his peace. And I believe this evening, above all times, to find that peace is to know his a-one-ness. God Bless you one and all.