

## 042 A Time for Reflection

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure to once again have this opportunity. And I am Dr. Carlos Blair and as you've probably noticed I'm a little bit English but I hope you won't hold it too much against me.

It seems now I have finally realized what the term means when they say, 'hand someone the hot potato,' you know. The Rock, he hands me the body hoping that it'll sneeze while I have it. And if it does I think the front row better be careful.

It seems that this night I'd like to welcome all of you that haven't had this experience previously and that of course I'm referring to of being able to talk to a ghost, as such. I'm teasing a little. Because I want to pick the vibes up a little bit.

There are areas that I wish to speak about and then I'm going to primarily because of the smallness of the little group here this night, allow for questions as much time as possible. But it seems as though it would be well that at this particular time of year that it would be a time that all who are in a physical body in your world in these troubled times should take time for reflection. You are indeed coming to the close of another period of time that man knows as the old year ending and the new beginning. And as a result of that rather than getting involved with what's forthcoming, which I'll do next week, then I would prefer to, this evening, get a little more involved with what has been.

I believe this indeed is a time for man to search within himself to look at the measure of self, not by comparison to others, but merely comparing self to self in terms of spiritual, as well as all other areas of growth in the past year. If one will but look upon themselves in the twelve months previous to this, and then compare as to where you are now in terms of your own understanding, especially the things of the spiritual. And I'm not talking about that of the psychic, let me clarify. I'm speaking of the things of the spiritual, the divinity of God, the ability to live in a-one-ness with your fellow man, but more than that the importance of your own level of awareness. Not just the consciousness but the awareness level of that consciousness. If indeed when you are finding yourself using the check valve, so to speak, that when you find yourself ready to stand in criticism or condemnation of another that that little thought flits in as it were that says, "uh oh" that is not the best means that is called awareness. If indeed you are more keenly aware of the feelings of others, if you are more keenly aware and attuned to the importance of consideration of your fellow man, if you have more compassion as

it were for those less fortunate than yourself, if you find that things previous to now that had no effect upon you emotionally, now you find an a-one-ness concept with it, if you find empathy with it, the knowing and feeling what that other person must be going through, then you have indeed made some great strides in your own spiritual awareness levels. That is indeed the primary purpose for man reentering the physical body. Now hopefully along the way you have also made some strides in terms of your physical well being, your physical understanding. That of what is good for you on a physical level, possibly that of dietary or that of exercise or that of what to not do. But all aspects should be considered. And as you reflect over the past twelve months there should be some feeling there of self satisfaction. There should be some feeling that, yes, indeed I have made considerable growth. And what's more important, is once you come into that awareness, then you should look upon the coming year. It is a time when man refers to himself as making promises to himself. I believe you call them resolutions. It is good that man should sit down and explore within himself and his own consciousness and his own belief systems, as to what do I believe? How do I feel about the varying things that are taking place around and about me. And what areas do I feel that I need to be more keenly aware of? I can assure you of one that would reach to touch nearly everyone in the room. And that is the one that I have spoken of so many times previously, and I don't wish to belabor the point but that of seeking first God, as Christ taught, knowing that as you do all things will be added onto you. And I'm speaking of course in relationship to the spiritual unfoldment in gifts that everyone seeks. And if indeed you will take the time to search within yourself through what I refer to so often as meditation and prayer, set aside some time each day, as it were, for God. Don't worry about it David, it isn't that fantastic anyway--how's that? But search within yourself each day for finding a greater awareness and a-one-ness with God, the God within self, the God within nature, the God within your fellow man, the God within your universe. And in so doing you will find that the riches that are there will be many fold greater than any material riches that man could possibly receive in a physical body. So it is a time of reflection and a time for planning, a time to look forward to the end of the coming year when it will indeed be the time of harvest. And so the thought that I would like to leave with all of you this night is as you come into this awareness of the beginning of a new beginning, the new year as it were, do so with the awareness that you are not alone. Do so with the awareness that you indeed have God almighty as your partner. Do so with the awareness that you can reach that a-one-ness with God and strive for it each day of the year that's ahead of you. And as I said in the beginning, I'm not going to be verbose this night, and instead I'll leave since the group is so small I'd like to open it to questions and first of all of course about what I've spoken on. And so I'll just ask--allow anyone to ask questions that would like too. Of course Ann.

Question: Well I know one thing that my friend that's sitting in front of me would like to tell you. She's going to, I think, very shortly.

Dr. Blair: Well that's alright.

Response: She's feeling very good and as you recall a few weeks ago I asked if Dr. Lange would come and help and you told me that he was already and...

Dr. Blair: Yes.

Response: Well thank God because she's here with us now.

Dr. Blair: Beautiful, the miracles are still happening you know.

Response: And it's been beautiful to me to hear you say that you've been feeling out of sorts all day. I've been realizing Doc that sometimes we get so involved in psychic things and readings and presents and Christmas we do forget that part that God fills in our lives.

Dr. Blair: Yes of course and the medium does it too, you know. He gets like an old bear, does he not David? David knows how to push his buttons real well. Yes. And he enjoys doing it, I might add. He's good for the medium's spiritual growth. I'm teasing you David. Yes. And I like those new little boxes you have. I don't understand them but I like them. Yes. It tells the medium that what I've been telling him all these years is exactly right doesn't it? Yes.

Now I believe I'll allow you to ask any questions you like on any subject about whatever you choose to ask. How's that, for what period of time that we have left.

Question: I wonder if I could have a message from my father for my sister that would be meaningful to her. Is this possible?

Dr. Blair: Well anything is possible with God of course, but let me see if I can find out from your own people what's going on around there. What? Yes, what? He's been here a very short time has he not? Yes, it's a little bit early I believe he's still going through what? He's still going through the resting, adjusting periods and coming into his own awareness of where he's at right now. And yes I believe it's a little premature for it, but if you want to once again ask at a later time when he's had a little more time over here to realize where he's at and what's going on, I believe that we can probably get that type of thing for you as we have in the past with others. Do you understand what I'm saying?

Response: Yes I certainly do.

Question: Recently I've been working on getting rid of the past, my ties to the past...

Dr. Blair: Yes, you're doing it pretty well too, but you don't give yourself as much credit for it as you should, but go ahead child, excuse the interruption.

Response: You answered the first part of my question. The second part is, what do I have left to do, what should I do, if there's anything...

Dr. Blair: For the most part, continue as you have been. You know it's like uh, when someone has a--a sore you know, they start applying something and it starts healing and all of a sudden they say but what else should I put on it? Well my goodness, if what you're putting on it is already bringing about the healing then why put something else on it? Continue with what you're doing child. It is indeed very beautiful, you realize.

Question: I'm sure you recognize that I am the shy one.

Dr. Blair: That's alright.

Response: I do want to thank you for all the help, I've felt it many, many times.

Dr. Blair: Well child I'll tell you, you know it isn't thanking me in reality because we in spirit work no different those of you who are in physical bodies. We merely have the opportunity of being a little closer to the source of the healing. But in reality we're channels the same as those who are in the physical body. We're just being the channel in a spiritual body or what you would refer to, I don't want to confuse anyone, but with the etheric body. Yes.

Response: Right. What I'm doing now, is that productive?

Dr. Blair: Yes it is. Certainly and we're going to slow everything down a little. You ought to have one of them little boxes. One of those little gadgets you know.

Response: You know I'm working on one of the big boxes.

Dr. Blair: Yes I know but you ought to have one of them little ones that you would uh, you could do it anytime you chose. It's small enough you can, well no I can't say that. Yes.

Question: The past three or four months I've been working with a friend and through the help of psychics there in the church I feel that I have accomplished quite a bit. Will he find his peace and will we find peace and happiness together?

Dr. Blair: Well I would have to say-- well I best not. Well I'm going to get in all kinds of trouble if people don't quit asking questions in the wrong manner. Yes. How should I say that I believe he's already found it. Do you understand what I'm saying? I don't know how to say it, he found the source for it, let's put it that way.

Response: Ok.

Dr. Blair: Do you know what I'm saying?

Response: Yes, thank you.

Dr. Blair: I don't like to uh...hang out the garments in the open. Yes.

Question: It's a pleasure to meet you, I really enjoy your lectures.

Dr. Blair: Well I'm glad that you do and it, believe me, is my pleasure.

Response: I have recently, since about April of last year been given a lot of chores to do and they're coming along quite well. I just opened a small shop on the east side. Do you have any advice for me?

Dr. Blair: Don't spend a whole lot of money until after-- what? Just a moment. They said don't spend a whole lotta money on it now until after early February. And then because then it's going to pick up very rapidly. And what I'm saying is, don't-- what? Just a moment. You have somebody over here that's kind of pushy you know. Yes.

Response: He's very pushy.

Dr. Blair: Yes he is. He's saying don't squander it on things that aren't really needed. In other words don't-- what? Don't build false fronts with it. Yes.

Question: Hello, it's been awhile.

Dr. Blair: Indeed it has, my goodness, I thought, I've been looking all over here for you. I'm teasing you of course. Been so long I thought she'd left the body.

Response: But you've gone to visit me anyway.

Dr. Blair: Yes I have, of course. The boys are finally going to, I believe in the coming year...what should I say, graduate from the nest.

Response: I'm glad.

Dr. Blair: Yes, I thought that'd be uplifting for you.

Response: I wanted to ask you about my uncle. Is he going to cross over?

Dr. Blair: Well he's about as near into spirit as what he is in the physical body child.

Response: I was thinking I've been thinking of leaving like in January because I do want to see him.

Dr. Blair: Well I would make it early January.

Response: Early January?

Dr. Blair: Yes I would because I don't believe it's for much longer. Of course you realize his ...what? His free will of choice is merely the only thing keeping him in the body now. Yes.

So if he decides, well I'm tired of this old body I'm gonna let go, he's going to be gone just like that.

Question: I've been in a lot of confusion over my present career. Do you have any advice as to what career I should be in or what would open it's doors for me?

Dr. Blair: Well you're not a bad actor, you're indeed a good one and do you understand what I'm saying? And it seems like you need to have the confidence, as it were, in yourself to reach out in a little more forceful manner. But while you're doing it you should be subsidizing yourself in what you're doing. Are you not in that of teaching others?

Response: Yes.

Dr. Blair: Yes you do it very well. But, that it needs to be there for the purpose of the mainstay but to get very involved in the new profession that you've known. What? Just a moment...that you've know for a long time that indeed is your God given abilities.

Response: Do you see that it's happening?

Dr. Blair: Well of course that's up to you of course. If you hide, yes, you hide behind the chalkboard it won't. But yes if you reach out for it, it's there, of course. And he'll be right beside you yes. Ok

Question: Does Fred have a message for me?

Dr. Blair: Hey Fred have you got a message for her? I'm teasing you know. Let me find out child, I'm just being a little bit flippant this evening. And I almost got myself in trouble with Burma you know. Bless her heart. By the way Burma...

Response: Yes, Dr. Blair?

Dr. Blair: He's yours, hang on.

Response: Thank you.

Dr. Blair: Yes-now they're trying to round up Fred over here. Yes, just a moment, let me see. Just a moment-I'll come right back to you child. I want to-what? I don't know. Yes. The one that asked me about Fred? Yes. You do what? I'm speaking loud. Alright. He said to tell you contrary to what you think, he's still with you anyway. And he's yes, and he's going to be doing things around the house to let you know he's there. So how's that? Them's shake her timber, yes it will. That's what he said. Now I have someone over here.

Question: I'd like to know the relationship I'm involved in now, will it work out?

Dr. Blair: Well of course it'll work out. You know it'll either work out that you don't stay in it or you or you do. I'm teasing child. I know what you're saying. Don't you realize I don't have the right to interfere with the free wills of individuals. And therefore I would say that you would be best to follow your own inner guidance and inner feelings with it. It indeed has all of the makings of something worthwhile. Yes. Do you understand?

Response: Yes.

Question: I just recently made a decision and took some action. What I want to know is if that's going to result in a big personal confrontation?

Dr. Blair: It's not going to boomerang, as you call it. It will indeed bring some-not-no-what? It won't be in the connotation you're speaking of. There will be a, uh, what should I say, a slight ripple. Do you understand? But not a drastic type of situation from it. But you made the right decision, you realize, because you made it from within yourself and honesty can never be wrong.

Response: Thank you.

Question: What really happened to my watch this morning. We found it finally in the drawer.

Dr. Blair: Well that's where you put it.

Response: I did?

Dr. Blair: Not that's where they put it.

Response: Who did?

Dr. Blair: I'm not going to tell.

Question: Several weeks ago you told me I was going to get a Christmas present of a missing front door curtain.

Dr. Blair: Well you have...you do understand Dr. Barends, the meaning of the word belated don't you?

Response: I'm understanding it better every day.

Dr. Blair: Yes I thought. Well you...we have a little difficulty with the calendars that you work from. But...what? Yes, they're, yes. Yes alright. Ed says if you're a good girl he might put it up for the new year.

Response: Thank you.

Dr. Blair: He's having fun with it you know. Yes. What he said, it's half his anyway. Yes.

Response: Alright.

Dr. Blair: No I don't think you should. Yes. He said should he bring back your half? Yes, I have someone back there.

Question: A friend of, well it's my sister's mother-in-law, has been very ill. Is she going to recover?

Dr. Blair: Well of course when you say is she going to recover, you see to me recovering would be coming to spirit. But she's not going to do that, she's going to stay in the body. Yes she will. But it is going to not be without some difficulty. There's going to be some trying times there. Do you understand? There should be much love and healing sent to her.

Question: What did I do with my keychain that I lost? I think I lost. Do you know where they are?

Dr. Blair: What, you see sometimes people think that I will chase around and find all these things, I don't, I just ask your people and if they want to tell me they do and if they don't want to tell me they say, "I'm not telling". Yes. What? They're in a little-- what? A little sack of sorts, they call it. I don't know what they're talking about.

Response: In my house?

Dr. Blair: Yes. Hide 'n seek. Yes.

Question: I have one other question.

Dr. Blair: Alright just one second. David how's the time, the Rock's getting nervous? How much is a little David?

David: about ten minutes.

Dr. Blair: That's what I thought. Yes. I'll take this question and then I'll have to end it. Yes.

Question: As results of what I've done, how will that affect my career goals?

Dr. Blair: Well on the immediate you may find your field—what-- that it has hampered somewhat slightly, when you look at it from a long range position you will see that it indeed has uh, put you in a much better position for fulfilling the goals that you have set for yourself. But there will be a period there in the near future momentarily at least you'll feel like maybe I put a block in my own way, but not at all. So don't let it affect you that way.

Response: Ok, thank you.

Dr. Blair: Yes.



Now I believe that I have violated as it were, Robert's rules of order. How 'bout that David? Yes, that being of not taking the body past the time, and I believe I best get out of here.

And it seems first of all that I do want to take this opportunity once again to thank all of you for being here and allowing me and all the rest of us here in spirit this experience and of course to most especially wish each and every one of you a very happy and very prosperous and fulfilling, spiritually fulfilling New Year.

And now as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his love, but most of all may you be filled with his peace. God Bless you one and all.