And I say good evening to you one and all. Well it is indeed a pleasure for me to once again have the opportunity of manifesting in this manner. I would like to begin by welcoming all of you here, and I am Dr. Carlos Blair, and as you probably recognize by now I’m a little bit English. I don’t want to waste time, as it were, because it seems as though the medium did not allow a great deal this evening and there is a subject that I wish to speak upon that I feel is of great importance. It has to do with misconceptions that man has in many cases pertaining to what he knows as being predestination. I have spoken on this subject previously, but it seems as though it’s necessary that I speak upon it again.

Man in his thinking processes, for the most part, has always utilized the opportunity of using what you call predestination as being one means of what you might refer to as a cop-out to his responsibilities, both the spiritual as well as of a material nature, in terms of his manifesting in a physical body.

It is indeed quite easy when one finds himself or herself as the case may be, in a situation which is not advantageous, to say, “Well I couldn’t help it, it was predetermined and predestined, and God made it that way.” And that unfortunately is not valid.

As most of you here have awareness, each of you prior to entering the physical bodies that you are now using as a habitat, did see clearly from spirit, your purpose in reentering a physical body, and you made that decision by your own choice, as it were, to reenter for the purpose that it might be for the purpose of your own progression, it could be for the purpose of helping someone else with their progression, or it indeed might be for the purpose of fulfilling God’s work, as it were, in conjunction with the situation that’s existing in your world at this given point in time. But none-the-less all of you did have, prior to entering the body a complete awareness of the purpose for which you were coming forth into the physical body. However, God also sees fit to give man as it were, free will, therein meaning, that it is not necessary that you indeed have to follow the given path even if you are aware of it. This is not at all unlike the one that you know as Jesus Christ. And when he did re-enter the body for the last time he foresaw his purpose. During his ministry in that physical body, he knew step by step in advance, each of the single purposes that he was here to fulfill, even down to the very end of that fulfillment through what you know as the crucifixion.

It was not at all easy, because he manifested even though with greater understanding and spiritual awareness and a-one-ness with God, he still had all of the same emotions that you possess. That is why, you recall, that in the garden, as it were, just prior to the time of his crucifixion, that he cried out to the Father ‘if the cup can pass from me please let it be so.’

That was a moment of weakness in a physical sense. But the strength was there because he realized that he had to fulfill the purpose for which he came. Man is not predestined, as such, even to the extent of how long he will remain in the physical body. Man does have control over his longevity to a much greater extent than he wishes to take the responsibilities for. If, entering the physical body, man respects the temple of God, which is the body, and therefore takes the proper care of it, cleansing it, nourishing it, caring for it, not over-taxing beyond what is reasonable, there is no reason that man could not and should not remain in the physical body
for several hundreds of years. It is through his misuse of the body that he brings about an earlier culmination and finds himself once again returning to spirit.

This would not happen if it were not for the fact that man indeed has free will. Yes, to the extent that you might well have foreseen, and even now in a physical body, you may well foresee your purpose for being here in the fulfillment of that purpose. It does not mean that God or man has usurped your free will of choice.

And to be existing in the physical body under the limitations of predestination would most certainly make it totally meaningless. It would not be living, it would indeed be merely existing. It would be entering at the time that was appointed doing, regardless of what you wanted to, only that which God had directed, and you having no choice of free will whatsoever, to even select for yourself that which you would eat, or that where you would live, who would be part of your family and who would be friends. That would be a very mundane existence, at best.

Man, as I say, has found it a convenient cop-out, to say, “I have no control.” But it is God’s law that man is responsible for his actions, his thoughts and his deeds. Natural law says that, of course, it returns multiplied many times over, in terms of cause and effect. So when man finds himself in a position that he is uncomfortable or dislikes, as it were, he should not look to blame God, or look to blame it on predestination, but accept the responsibility for having created that for himself. And only through that acceptance and understanding could man possibly bring about change in that condition.

You are indeed created in his own image. You are indeed divinely guided, as it were. Man cannot and sometimes attempts to, say “I have no choice because spirit directs my life.” Spirit very well may help the individual to see their purpose more clearly, but we certainly would not be permitted, as it were, to usurp the free will of the least of these. But only to allow them to see it clearly, and then they must make the decision and be responsible for it, as well.

Now I believe that I have probably have created some thoughts at least pertaining to predestination. And so therefore I would be willing to, of course, open it to questions pertaining to the subject, if you please.

Ques: I have been told in other readings that my wife and I have been married before in another life. Is this likely correct?
Dr. Blair: I would see no reason that that could not be, at all, certainly you have reentered the body on many occasions. Both of you are what we would refer to, as it were, as old souls. And I find no difficulties with understanding that. It would seem like maybe you didn’t get all the bumps worn off the first time, so you had to do it again.

Ques: It wouldn’t be anything like predestination would it?
Dr. Blair: No, it would be marriage totally by your own personal choice, certainly.

Ques: Maybe made at an earlier time?
Dr. Blair: At the time when you were still in spirit. You see a beautiful thought you might want to contemplate. Just for those of you that like to contemplate, you might ask yourself a simple question. Did I choose my parents or did my parents choose me? Yes. You know man gets
all caught up in concerning himself about where he’s going when he gets out of the physical body. He gives very little thought or consideration to where he was before he got there.

Ques: unintelligible.
Dr. Blair: In terms of man’s concept of time, yes, my dear, in spirit there is no time.

Ques: unintelligible.
Dr. Blair: Well it certainly doesn’t lend any credence to it.

Ques: I have a friend who says that even given the chance of free choice, by making the choices that bring you to our certain destiny, isn’t that in itself predestination?
Dr. Blair: Not at all. That is free will being expressed, as it were. You see Robert hasn’t always followed the path that he chose when he first came into the body. ‘Cause had he done so, that which he is doing at this time would have been done probably what you know in terms of twenty years hence, you see. If he didn’t get it done this time, of course, he’d still have it waiting when he got back on the spirit side. You see you can’t cop-out, as it were, either do it right or do it over.

Ques: In a situation with somebody lost their leg, is it always possible that they did bring it on themselves? Is there such a thing as predestination?
Dr. Blair: That is an excellent question, especially coming from the young mind. You see these you minds have very good minds, as it were. Accidents do indeed occur in the physical body. All accidents are not that of karma or that of predetermined, or not destined, but foreseen. As an example, a child might well come into the physical body to parents, realizing when it came into the physical body it might only be there for a short while of four or five years, in order for those parents to be able to make certain progression in spiritual awareness of their own, through the loss of that child. Now in that instance you might—that’s about as close as I could get to seeing what you might refer to as predestination. Now, very rarely however, when you come into the physical body, are you indeed bringing karmic debt that would manifest itself in that manner. Nothing to the extent that most of mankind thinks in terms of.

The karmic debt that is carried from life to life and spirit to life and the physical is very minor or minute. It is in the form of purpose of growth to fulfillment. Now if someone, as it were, were to lose a leg, let’s say, or have an accident of any nature, it might well be just pure and simply, an accident. That might have come about through carelessness on their part or someone else’s part. It might have been because they weren’t where they should have been in their own process of progression, that they met with that. It is not, more often than not, it is of an accident nature not that of predetermined. I would say it’s rare. Yes. More often you would find that being found in the child who was born with deformities or lacking in some way, that is predetermined. Yes.

Ques: You were using Dr. Ireland as an example. You say that he hadn’t completed something in this life then he would still have it waiting for him in the next life. Isn’t that in itself predestination?
Dr. Blair: Not predestined at all. Because the only predestination that really exists is the fact that God, indeed, has sent out from himself— from the Godhead, each individualized soul, and giving it free will of expression, realizing that it is no longer then of perfection, allowing it to manifest through various reincarnations of spiritual growth and understanding until such time as it does indeed return to the a-one-ness with the God. Therefore, that is the only predestined, true predestined concept there is, is that all one day will indeed return to God.

Ques: Could you expand a little more on Divine Guidance and how to get more in-tuned to receive it?
Dr. Blair: Most definitely and I’ll try to do it without straying too far away from the subject as it were. But of course Divine Guidance comes about primarily through recognizing and setting aside the time and recognizing the importance of finding your own a-one-ness with your God, and that will normally come about through prayer and meditation, as Jesus Christ taught when he said, “pray unceasingly.” He did not however mean being on your knees. It was being in an awareness state of the realizing you’re manifesting in the love of God, unceasingly. That in itself is a prayerful state.

Ques: To what extent are things in general planned by spirit?
Dr. Blair: By spirit, when you say planned, that would be as though usurping the free will of man, and not at all. We might well realize the purpose, as I do for Robert’s being in the physical body this time, and of course being interested in helping him to further those goals and to attain them, it is my responsibility to the best I can to at least influence, to where he has the awareness of what he should do. I can assure you that doesn’t mean and especially in his case, that he’ll do it at all.

Ques: Now I’m not speaking about an individual, I’m speaking in general.
Dr. Blair: In general when you speak in general you’re speaking of all mankind and all of mankind is influenced by all of the spirit world, by all means, but not to the extent that we would like for it to be. If it were so, there would be no negativity of any form manifesting in your world at this time. Your world would, indeed, know the full meaning of the peace on earth and goodwill to all mankind. Yes. All of us in spirit are not perfected either, you see. If we had reached total perfection then of course we wouldn’t be manifesting in this manner. There would be no need for it then.

Ques: So that’s in connection with my question, so called possession. Is that—the person the physical—are they taking that by choice—are they really allowing a spirit to tell them what to do, or use their body?
Dr. Blair: Well it is like the child who goes to the mother to ask the mother every little thing because they don’t want to take responsibility for making decisions. You know sometimes my medium—he’s kinda like one of those mothers that people go and say, “should I do this and should I do that, and what color should I paint the kitchen?” You would not believe sometimes some of the questions. And you know they say, “would you ask my spirit people what color I should paint the kitchen.” I can assure you they could care less, whatever your choice, of course, certainly.
Ques: I wonder if spiritual evolution in itself is not predestination?
Dr. Blair: That is the only true predestination, is evolution. However, that is not totally predestined in that there is not in the context of man’s knowledge of time, any limitation of time or number of incarnations that might be required in order to perfect it, you see.

Ques: unintelligible
Dr. Blair: A great amount. Your level of awareness which is through your consciousness, is what makes you aware to reach forth to make the strides that you need to in each time of being in the physical body. But you see, man would not have to, by free will of choice, even make progression in every time of being in the body. It is rare but in some cases man enters the physical body and in reality regresses rather than making progression, for that one lifetime. Because, out of his stubbornness and free will and so on, you see. So that is possible but it’s not too often.

Ques: So many times in my life I, at least a number of times, I analyzed some situation I’ve been involved in and saw how the inter-relationship involved so many people, in such an intricate pattern, it just seemed like it had to have been planned.
Dr. Blair: Well it may have been a little nudging here and there by spirit to get everybody together you know, to bring it about. But in that sense of course it is planned, and also like attracts like. That’s part of natural law so you attract unto yourself that which is needed. But it does not mean it’s predestined, as such. You see one of the things that man has found, that he becomes very confused with, is that he does not at all times wish to be willing to accept that responsibility which is really his, but he would rather put it off onto someone else, whether it be God, spirit or another individual in the physical body.

It is as though spirit works toward allowing you to see when you are indeed on the path, and that comes about in many ways. Sometimes when you meet an individual and you might say to them, “My goodness I’ve met you somewhere before.” Well in reality the person says “Oh no, you’ve never met me.” You know that you have, it kinda tells you that you’re where you should be right then you know, because in all probability you’ve met them previously in a former life, as it were. Also you see the situation that you get involved with that does indeed have full awareness for you where you know exactly what’s going to be said and what’s going to happen next. I believe the French people have put some great connotation of that of déjà vu, but it simply means knowing it before it’s happened and that is another means by which you can say, “Well, I must be where I’m supposed to be.” Yes. There are many ways in which that manifests and that’s usually brought about by spirit for the purpose of helping you to see where you are, yes.

Ques: Is there any way we can see more of the future?
Dr. Blair: Yes, it is what is referred to as tuning in more closely with your God, you see it all ends up at the bottom line does it not? Yes.

David what time is it? I must not keep the body much longer, the Rock is rather nervous. Is there another question, now, pertaining to predestination, as it were?
Ques: You mentioned that at times when people die young that it is a cop-out…
Dr. Blair: No not necessarily a cop-out, no child, you misunderstand. That when people have died young, as a child or whatever, they might well have previously, coming into the physical body, seen clearly that they would only be in the body for a short while, and that time spent would be enough to fulfill that purpose of incarnation. So it would not be necessary for them to stay beyond that, you see, because the purpose would be fulfilled. It was like that of Jesus Christ, you know he was a very young man at the time of his crucifixion. But it was not necessary for him to stay in the body any longer. The purpose had been fulfilled.

One moment, I don’t think she has the answer to the question she really has in her mind.

Ques: Yes, I think I do. I just felt that you were saying, at times people could go on much longer than they actually do, but they give up.
Dr. Blair: Well sometimes they give up. Sometimes there are those who say, “I don’t want to live any longer,” and they take their own lives even, and they can blame that on God and say, “Oh it was predestined,” and it was not. If someone comes into the physical body and mistreats it constantly, over indulging themselves in the various mistreatments of the physical body and it wears out in forty years when it should have lasted one hundred, then they’re responsible, they did it. They can’t cop out and say, “well, God gave me a bad one,” you see. Yes.

Now Tom, I believe you have a question and then I must leave the body.

Ques: If we come out to come here with having more or less, the idea of what we’re supposed to do and there could be situations where we lose the idea what we’re supposed to do, how do you find it? What is you’re destined to do?
Dr. Blair: Most definitely and once again, it goes right back to what you’re doing so very well, that is disciplining self to meditation and prayer thought, to get in tune with you’re a-one-ness with your God, and in so doing you will see clearly the path upon which you should be walking.

And now I believe I’d better take leave of the body. As I go, I ask only that God pour forth the richest of all blessings upon each and every one of you. May you ever walk in his light and know his love. But most of all, may you completely, fully realize, and be filled with his peace. God bless you one and all.