

019 Creating Total Abundance

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to once again have this opportunity of manifesting in this manner. And I hope this evening that it will be one that I feel will be very helpful to each of you, after all that is the purpose for this. And I am of course Dr. Carlos Blair and I welcome those who might be here for the first time.

It seems that there's been many areas that I've wished to speak upon for some time and last week, as you shall remember I spoke about the various bodies, that of the spiritual body, of course being the highest of all, the mental and the physical bodies. And this night I have chosen to speak on a subject that is definitely involved with each of those and it is in helping man to better understand how to go about fulfilling his material needs while existing in a physical body.

It seems as though there are very rare days go by that my medium does not have those who are in contact with him for various reasons pertaining to the things of the material needs, and it seems only appropriate that each of you should learn very easily how to have and maintain a true abundance, and of course the beginning of that has to, as I mentioned last week, start with perfection as it were, or that of the spiritual evolvments of the mind. As Jesus taught it so well when he said, "seek ye first the kingdom of God and his righteousness and all things will be added unto you."

As a spark of God, as a part of God, indeed, each of you do have an inborn right to all things that are indeed in existence because all things do indeed belong to God. And therefore as being a portion of that whole you are entitled to have not only the mere meager needs fulfilled, but indeed the greater abundance.

I wish to speak this evening about why first of all man does not have, and secondly how man may have, and experience abundance beyond his greatest beliefs.

The primary problem that man has in shutting away the abundance that is his from God Almighty, is the factor of fear. The great fear which is so negative, a fear of that of not having what is needed. A fear inborn, in the mental state that says, "I am uncertain, I doubt," in a very negative and loud manner, "that I will have my needs fulfilled," thereby blocking the very thing that is indeed needed.

As man comes into spiritual awareness and consciousness to understand in truth the fullness of his a-one-ness with, and a part of himself being, indeed, God Almighty, the Creator, not just the receptacle, but the Creator of all that is, then he will get into the awareness that there is no need for fear. There is no need for him or her, as the case may be, to have fear of any lack what so ever.

The second is doubt. The great doubts climb into man's mind, he first of all has fears that maybe he won't have what he needs. And then when he starts to feel as though maybe he will, then doubt creeps in and says, "oh no you won't." And he buys it, lock, stock and barrel, as it were.

Man's fears, man's doubts are both born of negativity. And as he is governed by those fears and doubts and finds that he is indeed drawing to him, through the laws of attraction, the very thing that he is fearful of, then he finds himself becoming frustrated and frustration is, again, the greatest clouding factor there is, to the utilization of man's own mind. It is indeed through man's mind that he does reach into his spiritual perfection and a-one-ness. If the mind cannot function, but on the level of the material or the physical body, then it is functioning in the wrong space and cannot go about bringing forth fulfillment of the very needs that man has. In his doubt and in his frustration, then he panics, as you might say, and finds himself going first here and there, and

borrowing and paying what is referred to as outrageously the interest involved which places him deeper, causing greater fear and greater doubt and greater frustration.

Man goes about it from the level of the material rather than starting with the level of the spiritual. It is quite easy for each of you to have an abundance beyond your fondest dreams. And it comes about through merely controlling of your thought processes. As I have said so many times previously that indeed, your thoughts are things. Thoughts are creative and they create either the negative or the positive depending on the type of thoughts you are putting forth on the ether.

The first thing that man needs to do is to remove the fear, and that comes about by replacing it with, indeed, trust and faith, knowing that God has indeed created, he therefore indeed will provide all things that are needed.

That is the first step. The second, of course, is to realize in his mental capacities that he alone is not responsible for that which flows inward to his existence...that he...it is not the total responsibility of himself through his physical attributes and activities or his mental, to bring all this about. Man very quickly forgets that God indeed is, a portion of self. And that God part should be carrying the biggest portion of the responsibility.

Third, man needs to learn to discipline himself as it were, to give back to God what is already God's, a portion of everything that man has, that God has given him freely, should in turn be returned to God Almighty. That of his time whether it be looked upon in the concept of your days as you know them to be, for a period of twenty four hours, then at least one tenth of that time should be devoted to God. Your energies that God indeed gives each of you, should at least one tenth be put forth to reaching out to help your fellow man doing indeed God's work.

And of course each of you, if you would like the abundance, must have the capacity within your own thinking processes, to evaluate your own thoughts, to guard them carefully, to weigh them, to look upon them and determine if indeed they are of a positive nature, and if they are not, then by all means, change them. Remove the fear thoughts, remove the doubt thoughts by consciously projecting in your own mind's image, that of you being God the Creator, and knowing that as that Creator you do create the abundance that's needed on all aspects of your life.

Then it becomes necessary also for man to use the physical as well as the mental aspects of his being for the purpose of analyzation, that indeed man cannot go forth being wasteful, he cannot throw caution, as it were, to the wind and saying, "regardless of how I handle or control that which I receive, God will give me more." Because this again is contrary to natural law or God's Law, the Law of Supply and Demand. If there is demand there will indeed be supply. However if man does not control his supply, there will no longer be a demand. So the wise one must look at his own material possessions, look to his own material concerns and utilize the logic of his own thinking, and put forth his best efforts, as it were. Whether it be in his physical actions or in his decisions, but most of all realizing prior to making decision or taking that action, that once again he consults with the higher portion of self, the God part of self, the I Am that I Am of himself, his own spiritual levels. To know indeed that the direction and the guidance is in accordance with Divine Law.

God will not see fit to change Natural Law for anyone. It is fixed, it is a Law of Cause and Effect, it is a Law of Supply and Demand. And it is fair and just for all. And if any are without abundance, then realize that you have, yourself, not allowed the God portion of self to work to bring that abundance through the removal of the fears, the doubts and the frustrations.

Being in a physical body, the natural reaction when there is a material need, is to doubt, become negative and say, "my goodness there is no way that I can fulfill that". Man in the physical body does not utilize his own God-given abilities. It would be well as the next step of the process to have your abundance, to sit down and as it were, and in reality list in black and white every indebtedness, every need, so that you'll see clearly that it is not seen in an overview, but it is

seen very clearly exactly what those needs are, by your self, by the higher self, so that you can indeed project the necessary imagery of thought to bring about the removal and the cancellation of that lack. And as it comes about, discipline self to stay aware, to go back and keep track, as it were, of the progress that's being made. Mark it off. And of course the one, the primary area of all to bring about your own abundance, is to also include giving to God in some form, at least ten percent of the abundance that he gives to you. Whether it be through an organization, through a church, to your fellow man, but do so lovingly, do so un-begrudgingly, do so with knowledge and understanding that it is not unlike the farmer planting seed. That it will be planted, it will be nourished, it will be taken care of properly, and it will indeed multiply for the harvest.

It is well when man realizes that all that he has in reality is not his at all, regardless of how great or how little it might be, that all things indeed belong to God. And God has the power at any moment in time, as you know time to be, to remove all that is there and God has that same power to multiply it over and over. But it cannot come about from negativity, negativity of thought, negativity of spirit and negativity of material.

Each of you, as Christ taught so many years ago, are much greater than the sparrow, each of you are indeed Creators, each of you are indeed not only held in the hollow of God's hand but are, more importantly, filled with a portion of God himself. As that God image, you have at your immediate disposal all the abundance that man could ever hope for, merely by following a very few disciplines where his own personal being is concerned. And the greatest of all of these areas that I have spoken about to bring forth your abundance, is that which was taught two thousand years ago when that great teacher taught, "to seek ye first the kingdom of God in his righteousness and then all things would be added unto you." God bless you everyone.

Now I would imagine that I have probably created a few questions out there about the subject that I have spoken on, and I know that Robert did not leave me much time so I have to cut it a little bit short of what I had anticipated, so I will limit it just to questions on the subject that I have spoken with here. And so I'll open it for questions at this time.

Question: How does one develop faith, faith such as that you speak of?

Dr. Blair: Knowing that he indeed is a part of God, and that only comes about through stepping forth, having the courage to step forth and say, "I'll do it". And do it without reservation. You cannot out-give God, as it were. And so you just attempt it, and you'll find very quickly that it works. And then you have all the faith that is needed. Yes.

Question: How does one get rid of negativity?

Dr. Blair: By replacing it with positive thought. The moment that the negative thought creeps in, you merely stop and say, "One moment now, I'm a child of God, I'm a part of God, and that's all positive and so I'll reverse that and replace it." And in your world today one of the newer concepts that everyone is using you know is to verbalize by saying, "cancel, cancel," that's what they say. Yes. That's what my medium says. He get a little bit cantankerous at times you know and all of a sudden his thoughts go in the other direction. He says, "Wait a minute, cancel, cancel." That's like saying, "Whoops, I didn't mean it," you know, but you replace it with positive. Yes.

Question: You told me once in a reading that man has the ability to achieve any one thing that he wanted more than anything else.

Dr. Blair: Yes if he wants it with his mind, his heart, his body and soul. Yes, that is true.

Response: Let's say if somebody wants a house, and they want that very much.

Dr. Blair: At the exclusion of all other things, yes.

Response: Ok, like with my situation I want to find the kingdom of God more than I do a house. Does that mean I'm never gonna get a house?

Dr. Blair: Not at all, don't limit yourself. But your primary objective should be that of reaching toward your awareness and a-one-ness with God. And you'll find, as Christ said, "When this is done then all things will be added onto you". Yes. So you won't have to worry about the house. You find God and you'll have more houses than you'll know what to do with. Yes.

(long pause)

My goodness it seems as though I have everybody at least contemplating a little bit here. Hopefully, and I mean this sincerely, I say it somewhat with tongue in cheek, but I hope that 6 months hence from now that everyone who is here this night might find themselves in that true great abundance that is really yours, just by claiming it. That's all it requires. It's called discipline.

How's the time David, the Rock's getting nervous?

Question: In addition to tithing which I think is important, that something your giving back to God for something you've already received, but I recently learned of like, seed-money where you want to expect something you could put something out toward God with the expectations and faith that you'll receive it.

Dr. Blair: Yes by all means. You don't have to apologize to God and say, "God I'm going to plant this seed, now please multiply it and make it grow". You know when you plant that seed that it's going to multiply and grow. That is part of the positive aspect. And man in your world gets so caught up in and apologetic about, "Oh don't expect anything in return from God"...why that's foolish.

Response: I understand you can demand it from the universe...

Dr. Blair: Well, that indeed is God, is it not? Yes, and you can reach out, but you know it doesn't do any good at all to demand, because God is deaf, if you aren't fulfilling your portion ...

Response: Well I understand you have to fulfill your portion.

Dr. Blair: Well, yes you can demand and demand, and he'll give you more than you ask for, yes.

Question: It's about tithing, because some of us attend more than one church and I've sort of wondered about that sometimes there are people that need the money, need something more than the church does, it seem like it sometimes so...

Dr. Blair: You will find child that if you go back and listen to that which I have already said.

Response: Well you hear so often that people say, that extra has to come out of something else because some church has to get ten percent.

Dr. Blair: No not at all, it isn't just churches that belong to God. After all, every one of you in this room are indeed a temple of God. And you in that thought are certainly... you're not tithing at all to a building or to a church, as it were. You're tithing to God Almighty. And when you tithe it is as though you plant the seed. God doesn't care what field you put it in, not at all, and I might tell you what will happen. You will be like my medium. You know he laughs and says he's a little bit crazy you know, cause people tell him that. And when it comes about and he starts to try to figure how things have come about and how things have happened then he agrees, yes he's a little bit crazy. That's what he says, because it couldn't have possibly happened, but it did. And you see what I'm speaking of is, that once you find for yourself through having disciplined oneself to follow the guidelines that I have spoken of here, and to planting of the seed that you will find that once it has multiplied for you that you will not even consider or concern your self with the limiting

to the ten percent. You will find that you are eager to plant more seeds than that. It says in the Bible you know, that farmer who plants sparingly receives sparingly, but the one who plants in great abundance receives in great abundance. It evolves around faith.

Now if you would like a little test and boy I tell you, I like doing this one. I would like to say I would dare you or challenge you, as it were, to this very day, write down for yourself with pencil and paper, and date it every time that you give any monies at all towards helping your fellow man or towards God. And keep a very good accurate record, as it were. But also every time you receive any monies regardless of the amount or properties or anything of that nature of value, that you had not previously anticipated, you write it down as well. You do it for one year and I can assure you that you will have great abundance for the balance of your existence in a physical body, because you will readily see that it is indeed impossible to out-give God. Yes.

Question: The pencil and paper thing you told us to do about needs, and what was the other thing?

Dr. Blair: Actually list all of the needs and all that is owed, your responsibilities for the financials, so you can clearly see and understand. You see, most in a physical body are like the animal you call the ostrich, the bird, you know. They stick their head in the sand because they don't want to really know. They say, "my goodness, if I put it all down in black and white, it would scare me half to death". You see what I'm saying? So most do not. And it would be well to put it all down, every bit of it. And you'll see very readily then, as it becomes as part of your own consciousness as a need, then the need will be supplied. But you can't supply a need that isn't known to your own spiritual awareness. So put it in black and white.

Question: That's sort of like putting a negative thought out, isn't it?

Dr. Blair: Not at all it's a very positive thing in knowing where you stand. It's negative to say, "I'd be fearful of doing that." You're very positive because you cannot, not accept that which is there. And that which is there, you place it in such a way that you have full awareness of it and you say, "God Bless it, and you and I God are going to take care of this". And you'll find out that he'll do by far more than you will. I'm not saying now all should become, what do you call that, my medium's daughter, she's being one of them. Yes, I was thinking of that other word, CPA's I believe they call them, is what she wants to be. Yes, and she'll do it, too. But I might say you don't have to keep the utmost of records and all of that. I'm just saying make it clear to your consciousness, to your spiritual awareness what your real needs are, and you'll see them dissipate.

Now I believe that I'm over time. Is it not so, David? Yes, so I believe it would be well that I take leave of the body.

And it has indeed been a pleasure to once again have this opportunity, and I hope if nothing more that I have caused each of you to give some thought and consideration to the fact that as you are a Creator, all of that which you have at this moment, either in abundance or lack, you yourself are responsible for having created it. But also as that Creator you do not have to keep it, and you can replace any negativity with abundance. It has been a pleasure as I said, and now as I take leave of the body I ask only that God pour forth his richest of all blessings upon each every one of you. May you ever walk in his light and know his love, but most of all may you be filled with his peace. God bless you one and all.