

030 Intra-level Communication

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to once again have the opportunity of manifesting in this manner. And as you probably already know, I'm Dr. Carlos Blair and I hope you won't hold that too much against me. And David, I don't think it would be too well if I were to tell that, as it were. You understand what I'm speaking of? Yes. Possibly I might consider the one-as to what-well, no I better hadn't even to that either. The medium might not appreciate it.

I've chose this evening to speak on a subject that I feel so many times, that man overlooks the importance of, and still it is indeed the very integral part of his being in a physical body. And I would like this night to speak on the subject of intercommunications.

Man finds when he comes into the body as a wee child, as a small babe, he does not at that point have the ability indeed to communicate, as it were, through the processes of speech, and to verbalize. But none the less even the smallest child at the moment of birth has certain levels of communication with those around. I would like to more properly take it back, prior to the birth of the child as it were during that time in which the child is being carried within the body of the mother, as all of you are fully aware, there is the attachment, as it were, by the cord and therefore it is that the child is indeed a very integral part of the mother. There are physiological as well as biological attachments. However upon the process of birth, once that cord has been severed, then it seems man has done a very poor job, as it were, of learning how to properly continue with inner communication. The importance of it cannot possibly be overstressed. I should speak of an example and I'm not picking on the old boy. But as most of you here know that he once again is in the process of being the expectant father of another child and of course it is now in the later stages, as it were. But it also being a period of approximately another eight weeks, as it were, is the most important of all times as far as the effects of that child are concerned.

In reality it is more proper to look at it, I believe you'll find, that the greatest effect is taking place primarily the last sixteen to fourteen weeks prior to the time of the birth of the child. This is when indeed the child's brain has for the most part developed into a near fullness. The nervous system, the sensory systems as it were are all functioning, as you might say, full go, and at that point the attitude, the thought patterns, the activities, the love, the hatred, the anger, the upset-ment all of the varying effects of all the emotions that that mother might have during that period of time, does indeed have a direct effect upon that child, not only during the birth but also involved in that child's life for the remainder of its time in the physical body.

Those such as the Dr. Barends who has had the experience of regressing, as it were, through the hypnotic process, has learned this well. This is not something that I'm speaking of that is not known to man or validated, as it were, by the scientific levels of man. But it is indeed rather something which man has not to this time concerned himself nearly enough with.

If the mother carrying that child is with peace and harmony and love, that child is totally, completely and entirely aware of that love, that peace and that harmony and is indeed sharing directly in it, feeling it, experiencing it the same as the mother. However, if to the contrary the mother during that period does not want that child, is upset about it, is angry towards it, that

child is equally as affected in the negative manner.

Now having properly set the stage, let's go through the process of birth. Man has finally realized that the process of the birth is indeed itself also has a great effect upon the life of the newborn. That is merely the beginning, however, because that child coming into the world, as it were, is indeed a highly sensitive, and excuse the expression, instrument, by far more receptive to emotions, upset-ments, fears and all of the other aspects, than they are at any other time. Because, as I have spoken on the subject previously, they're coming from the great somewhere, that of spirit, where indeed there is complete and total and full awareness into a limited condition, to where they cannot even communicate at all, in terms of verbalizing their likes and dislikes, thoughts, fears and so forth. It is as though they've been compressed, as it were, into the capsule and sealed off. And part of the learning for that child is the learning through the proper care, the proper emotions and attitudes of those around it. Learning to indeed express, not only on the levels of communication in the verbal manner, but more so, that of the subtleties of the inner communication. That is why indeed those of you who have had the privilege of indeed being a mother, without even having the awareness of it, many times, you merely looked at the child, listened to the child or held the child and said, "this child needs this or that or the other, this child wants to be held, this child should be laid down, this child has indeed a problem with the intestinal tract. And not being medically oriented at all, but you are indeed communicating as it were on the inner levels.

As soon as man finds that he can indeed produce, as it were, a reasonable amount of vocabulary to express, he immediately starts suppressing the inner communication levels and starts relying instead upon the spoken word. And then as he comes into the world and through chastisement for speaking what his thoughts are, through ridicule, finds all of a sudden he's in a negative situation where I have to be careful, and I must indeed even weigh the words that I know, then you find him being suppressed, as it were, into the consciousness of not even communicating on the verbal levels. Now he has long since forgot how to utilize inner communications. That is something in which man, each and every individual in the physical body in your world today that does indeed have a normal brain and normal functions, has the capability of learning and developing.

Here in spirit we do not verbalize as you in the physical bodies at all, everything is communicated in totalness by thought form. However that means simply that your thoughts must be right, that indeed you can have no malice. Because for you to have malice means that all have the awareness of it. If you indeed were planning, as it were, some dastardly deed, all would have awareness. Can you but momentarily imagine what it would do for all of mankind, if suddenly all people became what you refer to as telepathic. How beautiful it would be. It would end all lying, all cheating, all stealing. It would indeed eliminate all hatred. You would find that it would quickly bring about the greatest change that could possibly ever come to your world, to the earth.

It is indeed time that man once again went back to communing, not only his inner levels, with others, but even more importantly, on his inner levels with self, seeing as it were, the totalness of truth that's there, and then projecting the thoughts to others, the thoughts of love, of peace, of happiness, of harmony, of healing, of God.

Many times when man and woman enter into what you refer in your world to marriage, through that process of being closely united over many, many years, they get in the habit of

sometimes saying, "well I can read him like a book. I know his every thought, I know exactly what to expect." That's inner communications.

If man would but work a little more diligently toward the development, as it were, of utilizing his ability to communicate on the inner levels, he would indeed find that his abilities to communicate verbally would be much enhanced. We find in spirit many times the greatest problem that man encounters is his lack in the ability to communicate his thoughts and feelings to others. When there is disagreement, disharmony, disease in many instances, with someone in the physical body, it is attributed directly to the lack of their abilities to communicate their thoughts, their ideas and their needs. If man could but bring himself to truly communicate openly, totally and honestly, and in love, one with the other, he would indeed find that he has made the greatest possible stride toward bringing about what God so much wants, and that is peace on earth and good will to all mankind. I'm not in the least advocating that each of you should run out immediately, as it were, and take a good course in communications, however it wouldn't hurt.

But I am indeed saying give some extensive thought to the importance of speaking un-candidly, honestly and lovingly with all those around and about you. And when you find the one who does not have the ability to communicate in return, what you call clamming up, as it were, you know there are a few in the body yet like that, that's the way my wife was when we were both in the physical. You know if I said "well honey we have a problem," "I don't want to talk about it". Well I know that none of the rest of you have that. But none the less, occasionally it might come up and should it come up, then you might well work on the levels of inner communications, of expressing your concerns, expressing your thoughts, expressing your problems and desires, on the inner levels. And in so doing if you will work with it, if you will indeed practice it, you will find that it will bring forth very good fruits that are much worth the effort.

Now I believe since the medium decided to get caught up in many other things this night, he has indeed not left a great deal of time, but I believe we can take some time for questions upon the subject. David, it might not be too bad an idea, I might just throw it in after all. You know what you get when you catch a ghost? A hand full of sheet! There, thought I'd break it up a little bit. Yes. Now I'll get back to seriousness once again. And if you have questions pertaining to the subject, and please, because of the limited time, let's do keep it to that, I'll certainly be glad to entertain them.

(long pause)

My goodness David, you mean I've done it again? Well it seem as though it might have stimulated a few questions. You tell my medium, yes, alright, just a moment. You tell my medium, you see I get bossed around over here too. You tell my medium that, he should listen to this one, and most especially his wife. You tell Linda she should most defiantly hear this, even more so that Robert.

Question: You were talking about if a child, when a child is born, it's very affected by the mothers emotions.

Dr. Blair: Yes.

Question: Um, and he carries that with him in his physical body. What can be done about a child, a person in later life to overcome this? For example if you were in a very fearful

situation, a child's not unwanted, but a lot of fear and anxiety associated with birth?

Dr. Blair: Which happens many times, yes.

Question: And that child carries that around with him. What can be done to free him of that or to help him overcome that even as an adult?

Dr. Blair: Well what is indeed being done, and very effectively so, and I might pre-empt this, as it were, with utilizing good judgment and caution and know indeed who you work with, that they are indeed qualified to do it. But, and I'm saying by that it should be someone who's quite professional. I didn't expect to have the opportunity Dr. Berens, that's what she does you see. That's the process called, of what you refer to as, through hypnosis, doing what is called regression. And I'm not speaking at all of past life regressions. I'm speaking of regressing that individual back even as an adult to the actual happening even prior to the birth, to where they have the awareness of it, they can once again come through it and at that point release it. Yes. And it is indeed very effective. And it is also, thank goodness in your society this day, starting to become scientifically accepted. Yes. I believe that would be the best solution. There are other methods, yes, that can be used but of course different forms as it were of counseling by professionals can be used as well.

Question: Is meditation also beneficial in this?

Dr. Blair: Most definitely. You can not only utilize meditation, but another means that can be very well used, but again I must say, that know exactly who you're working with and don't you see, indeed in that circumstances if the person who was in charge did not know professionally what they were doing properly it could be as damaging possibly as helpful. And another method is what now in your world starting to be utilized, well Dr. Glenn as it were, you recently experienced it. And that of what is called the re-birthing process. But again it should not be done in a light manner, it should be done with someone who is highly qualified and professional in doing it. But, yes, that is another process of it.

Question: This is Lisa.

Dr. Blair: Yes I know who it is.

Question: Do you think that this process could help Kathy?

Dr. Blair: Well that little one is doing it so well now that I don't see there is a need there to have that much concern. She's just ahead of her times, is all. You see she's as it were, whatever her age is, she's that going on 30 you know. She's just more mature than most her age. She's an old soul, she's been in the body many times previously. And it might be of some significant help, but I don't feel as though it's that important. She's in the-I'd better hadn't get into that because, when they get to be her age, she's going through that awkward stage you know, where she doesn't fit in as child any longer, she's not one of them, and she's not yet an adult either. And so who am I? It's that stage she's in.

Now I believe that I best take leave of the body. It has indeed been a pleasure for me to have this opportunity once again of manifesting in this manner. And as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his love. But most of all may you be filled with his peace. God Bless you one and all.