

032 Your Truth and Your Reality

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to have this opportunity once again of manifesting in this manner and I'm Dr. Carlos Blair. And as you've probably recognized I'm a little bit English but I hope that won't bother you too much. It seems that this evening that I'd like to speak about the subject that is so important in your world at this time and that would be that of truth and reality. And these are subjects which I have spoken on previously and in slightly different lights, as it were, and this evening I would like to take it a little further possibly than what I have in the past.

It seems as though in your world at this time, it is more than any time previous to now, necessary for man to come into the fullness of his own realization of what in reality-reality is and what in truth-truth is. It seems that I want to speak of the truth and reality as it were, of God Almighty and that presence within your universe. It seems that many go forth in the search of the understanding and of the truth and of the reality of their relationship in terms of a God of whatever sort. And however once they have had the opportunity of indeed experiencing, as well as understanding and knowing and coming into full awareness of the God presence, man still being physical, being human has a tendency to be one to procrastinate about it and put the light under the bushel so to speak.

It seems in your society, in your world at this time, it is still not openly and totally in acceptance as being proper to utter the words in certain circles at least, of that of God. It seems that man finds within himself because of his problem with ego, as it were, to find it difficult to recognize that he is not in truth responsible for all that takes place through and around him. That indeed, that it is the power of God Almighty that has brought these things into being in conjunction with his freedom of choice and will, to go forth and work as that channel. We find in you world at this time that man is in greater need of speaking out openly and honestly about his convictions, about his understanding and even to the extent of that of carrying forth his own personal ministry, as it were, in relationship to the importance of God in your world.

It seems as though man, to the contrary, has the tendency as it were to have accepted and been given great truths, to instead of stand firmly on his knowledge and understanding and truth and speak openly, man has chosen instead to lower himself to the levels of those around him who are without the understanding rather than get involved in what he might refer to as a confrontation of ideas.

It seems that each of you here in this little place have had the opportunity to receive in many forms, varying forms of truth, varying forms of understanding, and yet I find that it is

indeed difficult if not impossible for man to bring himself to the point of recognizing and then verbalizing his understanding of those truths, that of being an evangelist so to speak. And I don't mean by that of going out and stopping people on the street corner. You know it wouldn't take long till they'd have you up there in the white jackets as it were if you did that. But none the less it should not be denying what you know to be truth to those who are of lesser understanding. What I am simply saying is that when you have received truth, you have received the fullness of the reality of truth, then speak from that level not from one of a lesser.

As an example when you have the one who is in your midst that you consider, as it were, a social friend. And that one should choose to use in his conversation profanity and you have maybe evolved to the awareness that it is not a necessity. Still in order to be comfortable, man often times against the truth and knowledge and awareness that he has of his own, will lower himself to the use of it to make the other person feel more comfortable. That is the reverse process. It should indeed being that of uplifting the brother as it were to a greater level of awareness to realize that it is not the manner in which it should be done properly.

I find, as I say, having worked for so many years with those who are yet in a physical body to realize that while you may perceive on a personal level and a personal basis, the understanding of truth and awareness pertaining to many truths about life, not only in the body but those in here in spirit, but still man is hamstrung, so to speak, when it comes time for him to verbalize his truths. I don't wish for anyone here to feel badly however about it because it means simply that you're human, that you are indeed still encased in the flesh, and that you are indeed still susceptible to the thoughts and the concepts of others and looking for approval from them. I will tell you this: if each of you were to come into the courage of your convictions pertaining to your own personal beliefs of what indeed are truth, and were to not force those upon others but when asked, give of them freely, you would find that very soon you would uplift not only those around you, but uplift yourself indeed, and it is through that type of upliftment that man will find the bringing about that peace on earth and good will to all mankind.

It will be contrary to the dastardly, devastating situations that are taking place in your world, such as that of this day. Here is one who had great beliefs, who had great understanding, who knew great truths and came into great reality and was dedicated as it were not only to God Almighty but to his fellow man to go forth with his own ministry of that of peace, and was fulfilling it. And you can be sure that this man's efforts, his works as it were would never be considered as though they have been in vain. The marks that he has made within your world, this one individual will be still in existence in many years yet to come. It is because he had the courage of his convictions. He received certain truths and realities that he was courageous enough to stand up and speak about and share with the world, without concern whether or not he would be standing in ridicule.

All I am saying is don't hide the light under the bushel. When you are indeed given a gift, share it. Whether that gift be one of the psychic nature, whether it be the gift that God has given you for the purpose of making beautiful sounds through the utilizing of music or that a gift of painting beautiful paintings that others can look upon and enjoy. Whatever your gift that God has given should indeed be freely shared with others.

It is only through that process of sharing that man himself is able to evolve spiritually in his own growth. Too many times man finds that I have been seeking as taught and in doing so I have found. I have knocked and door of knowledge has opened onto me, I have asked and I have received the proper understandings of truth and reality. And since I have them for myself I don't care to share them with others. That means that the circle is only partially completed. It is only through the giving out of that which you have indeed received that you bring forth any fruits for the harvest in later times.

Man would go forth and spend his life as it were, in search of spiritual truth and not have a thought about not sharing them with his fellow man. But if man to the contrary were to go forth as I did when I was in the physical body, for several years of study for the purpose of acting as a physician, he would not think of doing so, gaining that knowledge, gaining those skills and then at the conclusion, saying "now that I have them I'm not going to give them to anyone else". It is only through his giving of them, of imparting that knowledge, that understanding, those truths, that reality to his fellow man that it has any value whatsoever.

You will find that many times your concepts, your thoughts and your ideas many not always be in proper acceptance by the majorities of people. But none the less if they are indeed verbalized, they at that point become a part of that individuals awareness whether they are in acceptance or not. Let me give you an example that I think will exemplify what I'm speaking of. There are many who enter the physical body that live a life to its fullness and at the time of the completion when they reach the point of the transition of going through the change you refer to as death, they have never been exposed to a concept of understanding about spirit, such as the truth you have received here. Therefore when they make the transition and they come into spirit it is a period of time that they must go through the adjustments of coming into the reality of the truth here on this side. Contrary to that had it been that through the verbalizing of another individual, be it a friend or an acquaintance or family, that person had been told and by the way, when you make the transition, you are going to a place referred to as spirit, and you're going to find all the friends and relatives that have gone before you and will be there waiting for you to show you the way, to take your hand, to be of help. They might well look at you and say well you're cracked, you don't know what you're speaking of, that's foolish. And even though they did not come into any form of conscious acceptance of it, at the time they made the transition, in fact prior to the transition they would already begin to see and understand and because of

those few words that had been uttered, it would save great difficulties in their adjustment here in the spirit world.

Christ said do not cast your pearls before swine. He said lest you do then you'll be trampled into the mud. Man has too long since utilized that as his scapegoat, as his excuse for not imparting what he knows within his own life to be true. Because he says but they wouldn't understand. That's alright. But if you cast the pearls and you find that the individual is not of the understanding and they seemingly reject them, you at least have planted the seed that at a later time will sprout and grow and come forth with great abundance. But if you never plant the seed there'll then never be the opportunity for its growth. Plant the seeds of truth, plant the seeds of reality, plant the seeds of understanding.

As my medium so well knows there are many who come into the little church, there are literally thousands and hundreds of thousands who have over the years had the opportunity of seeing me manifest in this manner utilizing the mediums body and he is in full awareness that a great portion of those who go from that little circle are not in the understanding or in the acceptance to what they have experienced. Many might indeed stand in ridicule, many might indeed make remarks. But he is of the awareness and the understanding that regardless that once the door has been opened it can never really be closed again. Oh yes, it may be closed on a conscious level, but not that of the subconscious. Therefore that exposure is worth the time the effort or any other sacrifice that might be necessary to be made. I would merely like to reiterate the importance of each individual regardless of your level of progression or your level of understanding, whatever level you might be at take what you understand to be truth at that level to be a reality to you, whether indeed it is the fullness of truth or the fullness of reality, have no concern, merely give forth what you have found within yourself to be true in relationship to God.

Don't make a spectacle of yourself, don't go forth, as it were, forcing your concepts on others, but at the same time don't at all be reluctant when asked, when the opportunity is presented to say, well I happen to believe this and thus and so. Do so realizing that as you're doing it you're going about planting seeds in God's garden that will later grow. And as these grow and multiply that in itself is the very thing that will go towards bringing forth that true peace on earth and goodwill to all mankind that is more sorely needed at this time in your world than any previous to now.

God bless you one and all. Now I think I probably have created a few questions about the subject I've spoken on because that's like opening up a great big can of worms you know. Before I entertain that I'd like to address something there to Ginger. Just very simple, not at all, do you understand? Yes, no concern. Yes.

Now I'll answer any questions that might want to be asked about the subject I've spoken on.

Question: This is not exactly about the subject but since you tapped into it, concerning issues and Anwar Sadat, I was just wondering if his policies will be followed for a short period or a lengthy period or is it going to be something that's going to change?

Dr. Blair: Well of course you realize that there you are dealing with the individuality and the free wills of many people. However, it seems that every effort is being made not only in the world and those in the physical body but by those of us here in spirit to as best possible make the transition of it as quickly and as directly as possible to hold the lines that have been already placed there by this one that in the hopes that by doing it quickly that it will indeed stay intact as its been. But there is of course the grave situation and possibility there of the upheavals that might come from it. But it is our hope and our desire and we're working with it as best we can to try to keep it as it's been.

Pause

You mean I've done it again David? There's no questions at all about it? I was going to say if not everyone of you had better get out here and start acknowledging your awareness of God. Yes, you have another question.

Question: Yes what you were talking about as it stands the sharing of truth and reality within your own self with other people at the point you are at the present, I guess that frightens me because of the time twenty years ago when I was involved in another faith and I was sharing my beliefs and came up against the fact that I felt that the beliefs that I was sharing was harming more than helping people so I tended to want to grow myself and come closer into the truth but the memory of the past has kept me thinking well it's what I believe now, that's the truth.

Dr. Blair: Let me explain then. At the time when you came into the awareness that the thoughts that you were teaching and had been teaching as being truth, were being done sincerely from your level of progression, at that point in time . And as you came to that awareness that this was no longer in fact total truth, then would have been the time merely to go forth teaching that I don't now believe that that is truth. Because at that point in time that was your new truth. Do you understand what I'm saying? You cannot procrastinate as it were, with the concept as soon as God revealed it all to me and I have the only and complete total composite of truth, then I'll share it. Because if that were to happen no one would ever share anything because even those of us here in spirit, we don't see the completeness of total truth. I have teachers as I have said before, who I learn from much the same as you in the physical body are learning from those of us in spirit. And I have said so many times that anyone in spirit who is working in this capacity could never come forth and say this is absolute truth. It can only be truth to the level of the

understanding of the teacher who is giving it at that period in time. Now that hopefully I will continue to grow in spiritual awareness and understanding myself. And if I do make progression in that sense then of course I'll share newer truth, as it were. Do you understand what I'm saying? But I can't look upon it and say I don't dare say anything because what I'm saying might not be the totalness in truth. Truth is only to the level of the understanding of the individual that's involved. Yes. Does that answer the question?

Question: I came here tonight because I was feeling sad about what happened with Sadat today. I was looking for a deeper understanding so that I wouldn't feel sad and I think in the lecture tonight you gave us that by telling us to work harder for peace and share what we know and our level of understanding so that the work he did we can carry on in a small way wherever we are.

Dr. Blair: That's most definitely so. It is as I have said so many times previously, it is not unlike the vastness of the ocean or the beaches thereof, that it takes each individual grain of sand to make up the greatness of the whole. And it is so with individuals. And as far as that of being sadness, of course anyone who has spiritual evolvment at all would look upon this incident with some heaviness of heart if they were indeed at all a spiritual individual. Because indeed one of God's children that has done a great deal of work for the evolvment of mankind has fallen at the hands of those who are of lesser understanding.

What's the time David? That's what I thought, the Rock's pretty nervous. I think its best I take leave of the body. Yes, I'd like to clarify beforehand this would not of course be the time for the Rock to want to do his chants, as it were. I'm sure that the old boy's status of level of awareness right at the moment would be just about ended with that one, would you say. That would be like the straw that broke the camel's back, as it were. So I don't believe I'll permit that.

Now I believe that it best that I take leave of the body. And it has been a pleasure and for those that have been here for the first time, we certainly welcome you and for those that have been here previously it's always a pleasure to have you in our midst. And as I go to leave the body, I ask only that God pour forth his richest of all blessings upon you. And may you ever walk in his light and know his love, but most of all may you be filled with his peace. God Bless you one and all.