

041 What is, "Being Born Again?"

And I say good evening to you one and all. Well it is indeed a pleasure for me to have this opportunity once again even, if the body is in a little bit of a liquid state this night. It seems as though I don't believe it will be a problem. We'll just shut off the portion that works there until we're done with it, you know, and then we'll give it back to him. That's how we do that.

It seems as though I wish to speak this evening on a subject that I feel would be very in keeping with this particular time of year in your world. This is indeed a time when man has focused his mind and his being primarily upon a birth. The birth, of course, of the one that's referred to as Jesus the Christ, or Jesus of Nazareth. And it seems as it were, that man finds himself being born and reborn, time and again. Not only through the concepts of what you refer to in your world today of that of reincarnation, but more importantly the process of being born through the receiving of the Holy Ghost, as it were, or the Holy Spirit.

It seems that man so often times thinks that he has to indeed pass through that period which is referred to as the process called death, in order for him to experience a new reincarnation or a new birth, as it were. When in reality there are many who come into a physical body finding themselves at some point in their existence of being on the wrong path, as far as their own spiritual progression is concerned, and coming into that awareness they realize the importance for the need of the change to be, as is commonly referred to by man, as that of being born again. In other words the setting aside, as it were, of all the things of the negative and turning their thoughts and their ambitions toward that of the positive or spiritual. It seems that that is, of course as you know, the primary purpose for all of mankind to reenter a physical body, is to make greater spiritual growth and progression. But I find that man, as such, is often misled pertaining to what he refers to, as, "the receiving of the Holy Ghost or Holy Spirit," or that what he refers to of indeed, "being born again," and for those of you that happen to follow the Christian faith, it's referred to as being, "a born again Christian."

First of all there is no process of death or dying. It has no connection what so ever with man as such, receiving that which he refers to as the ritual of baptism. It has nothing what so ever to do with his evolution as far as his own intellectual elevation is concerned. It is indeed however coming into a closer vibratory a-one-ness with God. And through that, having the experience of feeling, to such an extent that enhanced and elevated a-one-ness that he, at that moment, sees clearly once again his purpose for coming into the physical body, as he knew it prior to his entrance into it. And that is the moment at which man truly receives that of the Holy Spirit, or perceives and receives that of man refers to as, "being born again."

There are many in your world who profess themselves before man as being, "born again Christians," who indeed have not had the experience, as it were, of feeling, of knowing and having the a-one-ness with the Holy Spirit. It is not something that someone, because of their

academic furtherance of self, can bestow upon another. It has nothing what so ever to do with the processes of a church, or even the setting of a church, because there are indeed many who have the experience of receiving of the Holy Spirit, that, previous to that moment, had no awareness of religious understanding or connotations what so ever. And a good example of that was indeed the apostle Paul, who spent the better part of his young life, as it were, interpreting the laws of the Jewish faith. Who indeed, set forth as the greatest single persecutor of man that has ever been on your earth. And the man that he persecuted was that referred to as the Christian. Until he did indeed have the experience of receiving the Holy Spirit when he was making his trek toward the city of that time referred to as Damascus. And upon the receiving of the Holy Spirit, it was so intense in fact, that he found himself physically blinded by the brightness of the light that shone upon him. But also he found that in the same light he found his direction, he once again became aware of his true purpose for having reentered a physical body. He indeed is a good example, as there are many more examples that I could refer to, that come out of the book you refer to as your Bible.

Christ as you know, had told all of his apostles at the conclusion of his forty days after his resurrection, when he had indeed manifested himself in all the varying manners to bring forth proof to each of them that life did continue and exist after the change that man at that time called death. And he spoke to them and he said that, "John the Baptist baptized with the holy waters, but I tell you to wait where you are, because shortly you will indeed be baptized by the Holy Spirit". They are two completely separate entities. It has nothing what so ever to do with what man professes before man. Man can indeed verbalize and do so from his heart and from his mind the concept that he is indeed giving his life over to that of Christ or that of God. And still, if he has not had his vibratory levels elevated to where he can perceive and receive that a-one-ness vibration with the Holy Spirit, then he is not indeed been "born again."

I believe that man's greatest strides, in either that of spirit or that of the physical body, comes about through his many opportunities of "being born," again or "receiving of the Holy Spirit," or being born again as it were through the process of the birth canal, as well as, while still yet in that physical body finding there is a second and sometimes even a third rebirthing, as it were.

So when you come into this special time of the year that, in you world is set aside to commemorate the birth of this beautiful teacher, of this one referred to as indeed the Messiah, look upon it not only from the standpoint of his physical rebirth, but realize that even Jesus the Christ was not born again, was not Christed, as it were, until the last three years of his physical life. Prior to that time even according to your own history, even according to your own Bible, as it were, he was never referred to as Jesus the Christ, but only that of Jesus of Nazareth. He became Christed as he set out upon his ministry, and here was one who indeed came into the flesh very highly evolved in spiritual awareness gifts and understanding, but he spent thirty

years, as it were, preparing for that ministry of three. So when you find yourself in the physical bodies struggling, as it were, trying to realize that “I need to reach out to find my a-one-ness with God, to experience the receiving of the Holy Spirit,” do not be easily discouraged with what man refers to as time. Do not say, “if I can’t receive it immediately, I’m not going to bother”. But instead be very persistent, because you will indeed, through your own awareness, desires and striving, find that each of you will experience that moment when you will indeed receive the Holy Spirit, as Jesus the Christ promised to all the apostles.

I hope that in speaking of this subject that I might have brought a little clearer insight to the true meaning of that which is so previously used, so carelessly spoken of and professed, in your world by so many. God Bless you all. And now I believe that I might have created a few questions as it were, pertaining to the subject that I’ve spoken on. So I will at this time open it for that purpose.

Question: In terms of what you’re speaking about, I’ve heard another term mentioned called cosmic consciousness, would this be a similar experience?

Dr. Blair: Cosmic consciousness, my child is no different than if you said, “Yahweh,” or if you said, “God,” or if you said, “Infinite Intelligence,” in a reference to the deity, yes it is. And if you came into an a-one-ness in the true levels of cosmic consciousness, then of course you would indeed experience the process of receiving of the Holy Spirit.

Question: To clarify something for me, is it an absolute, necessary ritual to go to the physical immersion in water or is that more of a spiritual experience?

Dr. Blair: That indeed can and should be very much a spiritual experience, providing first of all, that the desire for it is deep within the heart of the individual requesting it. Secondly, that the individual requesting it completely and fully understands the responsibility that is placed upon them, and that they receive and accept upon their receiving that of being immersed. The process of immersion is popular because it was the first method, and it was the first method primarily because in those day, the only place there was water for that purpose were the rivers, and that’s where the masters usually were found. Because that’s where their habitats were. And man found that later it many times was not convenient to have a great enough mass of water, as it were, to completely immerse the body. So therefore they went to what you refer to in this day as that of pouring, such as that that the Catholic faith uses and then they found sometimes that there was limitation even greater than that, so they went to what is referred to as sprinkling. Do you understand? Yes.

Question: Why can’t you just say “well I want this” and get it, why all this perseverance, this long time, this long struggle and search?

Dr. Blair: Well of course it would be very frivolous indeed if man could just but say, "I want this-I want that-I want the other," and it was all just handed to him, what would he learn? There would be no-he would make no spiritual progression what so ever. It is not through the easy things and the good things that man finds himself making progression. It is through his struggles, his trials and tribulations, not unlike that that Christ himself had, as well as all the apostles. And it is when you climb the mountain that you enjoy the view from the top. It isn't that you can enjoy the view by standing at the bottom. It takes the struggle first. There is indeed always some sort of price to pay or sacrifice, as it were, that man must make before he receives that which he desires, as it were. If you indeed came into the physical body and you found no challenges what so ever, everything was handed to you upon the silver platter, so to speak, I believe they call it, being born with the gold spoon in your mouth, well if you had that situation through the entirety of your existence in the physical body for that lifetime, you would find when you came back to spirit and reflected upon it that you would have made virtually no spiritual growth what so ever.

Response: Well I must have chosen Mount Everest to climb.

Dr. Blair: Well I believe more like Fuji, I believe. I'm teasing just a little, you understand. Yes.

Question: In what he was talking about, then are you saying it's difficult for growth to take place in a painless manner, it has to be a struggling painful way for learning and growth to take place?

Dr. Blair: Did not the Christ himself fall upon his knees in the Garden of Gethsemane and ask that if this cup can be passed from him please let it be so? Did not Paul as well as John the Baptist, as well as anyone that you can look back through your Biblical history, all indeed have to pay a very severe price, as it were, in terms of struggle in order to arrive, as it were, with their own a-one-ness with God? Certainly it is through the trials and tribulations child, that we make our growth in a spiritual sense.

Question: Sometimes it's like if you have a really difficult thing to work out, say you have the most opportunity for growth.

Dr. Blair: Yes, that is for sure. And man usually looks upon those situations and says, "oh poor me," in saying, "why does God do this to me? And my goodness, I've never done anything to deserve this." And feel sorry for themselves rather than looking upon them and saying, "thank you God for the opportunity, for the challenge for me to make some spiritual growth". Because indeed they are opportunities and challenges, they are not difficulties. It is only mans thinking that causes them to be difficulties.

Question: Well Dr. Blair, if you have to go through all these trials and tribulations to get there, then what do you do for encouragement on the way when you get, when you're just fed up and say I just want to forget it for awhile, I just want to throw it away, what do you use for encouragement for strength?

Dr. Blair: Well of course at that point it is twofold. Number one is that of realizing by reflecting back upon your previous time in the physical body in this lifetime, you can very clearly see, if you look, you will be able to see those times when you indeed encountered what you considered at that time at least, great struggle. But that you made great progress through it and through the overcoming of it and that should indeed in itself give encouragement to the fact that if I put my shoulder to the wheel I can overcome this one as well, with God's help. And that is the secondary thing is to learn to pray and have faith in God, knowing that you're not doing it alone, but you indeed have the help.

Question: I also have read and heard people say, "so and so's on the path he should be, we're always on the path that's exactly right for us at this certain time." But I was wondering if you could clarify that. I don't feel that that's right because if it seems that man has the free will to choose to take a different path or to do nothing, and when you are going down the right path, then suddenly you know and it's different from the way you were before.

Dr. Blair: Yes of course, and by the best example of that, here I go again, the old boy, just like he says, you know the medium had a period in his life after he became that of a minister and after he became that of a medium, wherein through choice of free will, he said, "I will not continue with this, I am bothered by the pettiness of people and therefore I'm going to withdraw completely from all things involving churches and psychic and spiritual and such as that." And he of course had the right to do so. And therefore he did not for a short time, but for a period of seven years. Now I can assure you during that seven years he was not walking upon the path that he had chosen prior to entering the physical body. But then at the conclusion of that, because of circumstances that were placed before him he was made aware of the realization that he wasn't on the path and needed to get back on it. And yes, he's on it now. That does not mean that man comes into the physical body and does indeed as such, follow exactly the path that he should. So when someone is in the state of counseling and says to you or to someone else, "you're on the path now you belong on," they're usually indicating there was a period you weren't. And now you have indeed found the right one. Do you understand what I'm saying?

Question: Would that also mean that if somebody is say, ah, delayed in their chosen path, the rest of the people that are involved in their key thing that they were going to do, does that mean that they're also delayed?

Dr. Blair: Of course. Man has responsibility for his fellow man and he can indeed delay that. As an example, let's say my medium as a, and after the last time of my having the body, he

might do it, if he knew all that happened. But, and I'm speaking of with the Rock, you understand. And I'm saying that somewhat in jest of course. But if he chose as an example, say tomorrow that he said "Dr. Blair, that's it, I'm not going to do any more trance. That's the end of it, I'm not doing it any more". Free will of choice says he can, does it not? You see, but would it not affect those thirty or forty people that come here to this place each week for the purpose of having the teachings? Certainly, and do you know who's responsibility that is? His. Do you understand what I'm saying?

Response: Yeah, but also at the same time I had another part of the question. Do your own spirit people delay you from doing what it was you were supposed to do, so in other words you're stalled in your time before you become involved with that other person to do whatever it is you chose to do?

Dr. Blair: Will spirit delay you, is that what you're asking?

Response: In other words pick up the slack for somebody else's being delayed?

Dr. Blair: I'm not sure that I understand exactly the manner which you're asking the question, but if it is in the way I perceive it to be, then I would have to say that on very rare occasion indeed, that would be the situation. You see what I'm saying? Robert could have continued with his ministry during that seven years and still had he done so he would have still found himself here. He would have still found himself involved, as it were, with what he's doing now. The only thing is that he would have evolved others, many more people along the way exactly. How's the time, the Rock's getting a little nervous? That's what I thought. I told you a long time ago we better get him a new one for Christmas, David. Get him one of those kinds that has the numbers instead of the hands. He won't know how to work that. Yes.

Question: Excuse me Dr. Blair?

Dr. Blair: Yes?

Response: Would there be any special reason for me to be able to see your eyes right now?

Dr. Blair: Well not only not other than that of giving you the opportunity for some validation for self that I'm in the body instead of the medium, that's all. Because indeed if you are, you're seeing them in a psychic manner with the eyelids of the medium being closed, as it were. And I can assure you if you were to see the medium's eyes when I have the body, you would be what should I say David, repulsed? Yes, you see David once had that question when I was doing this for him privately and he said Doc, "could I see what the mediums eyes look like." And so I opened them, and he decided I believe that he would rather he hadn't asked. Yes. So indeed yes that is you're probably seeing because I'm manifesting over the body as well. And for

those of you that have the psychic abilities to see, as many of you in the class have done many time, you might even see my beard, may be able to see the glasses, as it were.

Question: When are we going to get some spirit writing here?

Dr. Blair: I'm sorry I didn't understand the question.

Question: When are we gonna get some automatic writing here?

Dr. Blair: You mean in the box? That is not my responsibility. I don't do that stuff. I don't get in those little boxes. How's that? I'm teasing a little bit.

Response: Tell the others we're waiting.

Dr. Blair: Yes they've been waiting for quite some time you know. And it's already brought forth a beautiful poem. You see that's the positive aspect of it. And most of you don't know what I'm referring to, but some of you do. One lady who sat in the class for so very long, waiting patiently, after a year or so finally wrote a beautiful poem entitled, "The Box." The medium still has it. Yes. And I think it was very much spirit inspired. But to answer the question, the medium spoke previously when this one does come to the church, that is one of his greater abilities and that is a special type of mediumship. And so what the medium keeps hoping for is that he'll get someone coming in here, not himself, but someone else who comes in for the purpose of the class that might not even know they have the ability, and through them we get writing in the box.

Question: Do you know what the purpose each of us had for reentering in this life?

Dr. Blair: Well if you're referring to-do I know myself personally, I haven't bother to uh-attempt to perceive it, yes, but if it was indeed a part of your purpose and it would fulfill purpose for me to have that knowledge, then of course your spirit people, your guides and teachers would indeed inform me of it, certainly. I'll have to limit this to the last question because the Rock is a little concerned about the medium, keeping the body too long. Yes.

Question: I'll try to phrase this as best I can. What I'm trying to understand for us here, you will be back in seven calendar days.

Dr. Blair: Well I'll get back before that, but that's alright, go ahead.

Question: My question is how is the time relative for you?

Dr. Blair: It's not at all. We don't have time here in spirit. You see when I come is when Robert says, "alright Doc, tonight you're doing it" you know. And then sometime when the need is there I say "Robert, tonight I'm doing it". And he says, "oh."

Response: So there is no time?

Dr. Blair: Not in spirit, we have no time or space either. And that's very difficult for man to comprehend. I have spoken on the subjects before, yes.

Now, it has indeed been a pleasure to once again have this opportunity. And at this special time since we may not have the opportunity of speaking again prior to this special time of the birth, it is our deepest wish here in spirit that everyone of you certainly take the time to feel and be a part of that peace on earth and goodwill to all mankind. And now as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his love. But most of all may you be filled with his peace. God Bless you one and all.