

047 Patience

Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to have this opportunity of manifesting again in this manner. As most of you know, I'm Dr. Carlos Blair and it seems as though, because of the time element involved this evening, I would like to speak shortly upon a subject and then we'll try to allow a little bit of time as it were, for questions, and I will tell you in advance we'll be going slightly beyond the normal time and I know that we never do that, but in this instance I believe that it's only fair to those who are here.

It seems first of all that I want to speak about a subject that I feel is one that man who's manifesting in a physical body is having especially in this time a great struggle with, and it seems that of that I wish to speak of would be the subject of patience, as it were. And I'm not speaking of the type of patients I had when I was in the physical body in relationship to doctoring, I'm speaking to the patience of not being frustrated, as it were, when things don't happen as quickly as one might feel they should. I know that when I was in the body it was one of the great things that I had difficulties with because I wasn't, well, I might just say that my colleagues quite often accused me of lacking in that area.

It seems that in your world today that man is in such a hurry, as it were, to get things done, to get everywhere, that he places so much importance on time, as you know it to be, because of that centering and focus of attention on the importance of time, he has forced himself into the habits, and I might say not the best habits, as it were, of lacking, as it were, in patience.

It seems that so many times if man could just set aside and let go once he has indeed decided for himself what his goals are and what his direction is, and would not put the limitations of time upon them, but would realize that the best possible time would be when it is in a-one-ness with God's purpose. And in so doing he could eliminate much of the frustration which he finds within himself.

Your world today is as much concerned on the physical level and the psychological level with that of what you refer to as stress, as what it is with that of the major diseases that are found within your world.

It seems that man has created his stress, as it were, for himself through the lack of patience. It is one thing to have expectations, it is one thing to have, as it were, goals to shoot for, but it is entirely another to put unrealistic time frames upon those when man does not indeed himself have any control what-so-ever over time. He has been indeed endowed with a set limit, as man knows it to be, of twenty four hours in the given day. And you can of course expand that into weeks, months and years and so forth. But none the less, he is limited to that time frame. Now whether it takes three weeks, three months or three years should not be his concern. He should realize that whatever it is that is to come into being that God will make it manifest and unfold. All he should concern himself with is taking the necessary proper steps that he is capable of doing to bring it into completion, but not to fight it as it were.

My medium has a great lack in the area of patience, and those of you've had the opportunity of knowing him well, are more than aware of that, and it is one that he need to-it's almost ironic as it were, because he also lacks considerably in that of what you would call in the area of being too quick to procrastinate. Now it would seem that those two are contrary one to the other, that one individual couldn't manifest both, but I can assure you he does it quite well. And I mean by that not procrastination once something has started, but it might take him a very long time as it were, in deciding to start it. Then once he has started he is very impatient. He can't wait for it to get finished. You know it's like when you were working on the building here, he just can't control himself in that sense with patience.

I find that is not unusual at all in your world. By far the greatest health hazard that man in the physical body is indeed finding himself addressing, at this particular time, is that of stress. That is much greater than what you refer to as cancer or all the other major diseases combined. Because indeed stress is the underlying factor that brings many of the diseases into being. And man creates most of his stress, through not know how to properly limit himself with patience. You see it is indeed normal in your concepts of thought to look upon something

and say, “well I think it should be done immediately.” Like that of the little church here. There are times when I have indeed told Robert, as well as others, that something should be started and manifested, and that it would happen in given periods. Only to find out that half way through that period they became impatient, as it were. It seems as though they would find that it should have already been completed, when in reality it was contrary to the proper timing. The best example I could give of that, that would be possible, is God’s timing in relationship to that of the coming of Jesus Christ upon your earth. Had his manifestation taken place at a different timeframe than what it did, under different circumstances, then it could not possibly have fulfilled its purpose to the extent that it has in your world today.

Timing is very important. But remember it’s not in relationship to man’s timing, it is indeed in relationship to God’s timing. That’s why when you pray, as I have taught so many times it is always good to add, “And thy will be done, not mine.” Because most often times you’re going to say, “but I want it done sooner than that.” You know my medium, he laughs and he jokes about it and he says, well it seems to him that God is late. Well he really means that you know. It isn’t really laughing or joking, as such. Because he looks upon it and says, well this should’ve been done a very long time ago. But then when it comes into full manifestation and he looks upon it, then he sees clearly and says “Yes indeed, God’s timing was right.”

That is very hard for man in a physical body to learn to comprehend, that with God, time is not of the essence because he is indeed functioning with eternity, not as man knows time to be. God does not place great importance upon time as you in the physical body. It is indeed important that the events take place that the things should happen, that the changes are manifested, but there is not a great limit on it in terms of time.

When you find yourselves being somewhat impatient and, quite often this will come about, as it were, in the what you refer to as your desire to develop your psychic abilities, your spiritual awareness and understanding, and you work at it as though there was no tomorrows. Like today was the only day you were ever going to have to do it in. And that isn’t necessary. I notice the young people in your world today were much the same as they were in my day. The one who was, the

young one turning of age. They had the expectation and desires and felt as though they should indeed have all the same things that their parents and grandparents had had after some thirty or forty years of striving for it. But they wanted to start with it. That isn't according to God's timing or his divine will.

It seems that man to conquer the problem of stress in your world and I'm speaking of personal stress not that of stress between the varying countries of your world, but for man to conquer the stress within himself, one of the things that is a must is that he learn the full understanding and meaning of that of having patience. I know that all of you have read of the one who exemplified that, within you Bible, that of the one called Job. And it seems indeed if you haven't made awareness of the story that is related there, pertaining to patience, than most certainly I would encourage that each of you do so. Because it is from this one that you can indeed help to learn to grasp the concept in thought of the full meaning of manifesting in a physical body with utilizing that of patience.

And now I believe that I have taken maybe a little more time than I had anticipated doing. But I feel that it is one that is so important that if man could just learn to let go and let God and have the patience to wait for God's timing to bring things into being, then he could eliminate not if all, certainly by far the majority of the worries and the stress that he brings upon himself.

And now I think there should be many questions and now first of all I allow questions pertaining to the subject I've spoken on, that of patience. (pause).

My goodness David, you mean that I did that again, huh? Well if there are no questions about the subject of patience, then I'll just allow you to ask whatever you like, how's that?

Question: In the coming of Jesus isn't that somehow a representation that we should take as an individual carrying our Jesus within ourselves rather than _____ of everybody?

Dr. Blair: Well of course it is coming into the awareness of the teachings of this beautiful teacher, and the second coming that is what I assume you're referring to is not that of Jesus himself as a man manifesting again in the physical body. It is the concept of Jesus Christ manifesting in all of mankind. And that will indeed be

his second coming, on a much broader scale than that of just one individual. There are those of course who would like to look upon it as being a manifestation of the individual and saying, my goodness there he is, but they wouldn't recognize him if he came.

Response: Thank you.

Dr. Blair: Yes, and you do it very well you know. You get all the skeletons out of the closet, don't you? Yes that's alright, it's good for the old boy. And everything you said was true. And some things you didn't say. Yes, I know. Yes.

Question: Is a coincidence ever really a coincidence or is it all...are coincidences really a part of a plan?

Dr. Blair: Well in most instances that which man classifies as coincidence is really nothing more than fulfillment of the preparation that's already been done. Is that understandable to you?

Response: No.

Dr. Blair: By your acts, thoughts and deeds you set into motion various things which are going to later come into manifestation. They do not always come into manifestation on an immediate level. If indeed you have started that as the farmer planting the seed there will come that time of the harvest. Now someone who was not there or around or aware that the farmer had planted the seed, all of a sudden comes along at the time of the harvest and he says, "well what a coincidence." Well it really wasn't. It was nothing more than the completion of that which was started previously. And so circumstances and coincidences, as you refer to them in your world, most of them are not happenstance. Do you understand what I'm saying with that? In other words when you found this little church, you know, it wasn't a coincidence. You see what I'm saying? When you found the understanding, the healing and so forth, it wasn't by coincidence. It would be great to look upon it and say well what a coincidence, right when I needed it, there it was.

Response: _____

Dr. Blair: Well of course.

Question: At various stages throughout the healing that I was getting...

Dr. Blair: That you're still getting child, but go ahead.

Response: I kept seeing or not kept seeing, every so often I would see a person and the last time that I went for a checkup I saw this person there and it occurred to me that suddenly now he has the same thing I had, but I'm not sure of that. I have thought of a way to reach out and help him but I don't know because his is a total stranger but I had seen him at about five different stages of the healing that I was going through.

Dr. Blair: Yes, and what you do is you just direct and channel, as it were, the beautiful healing energies and see it purifying and clearing away all that you know and have experienced on your own level, pertaining to that of the cancer and it'll be removed. You see what I'm talking about?

Question: May I ask a question?

Dr. Blair: Well of course you can ask.

Question: One thing in keeping with patience, I feel, is there a line between when you can be very, very patient and consider yourself leaving everything in the hands of God to the point where you yourself perhaps do nothing...

Dr. Blair: Well of course child.

Response: When you should?

Dr. Blair: Well of course.

Response: Well how do you know the difference?

Dr. Blair: The difference, as an example, Robert when you remember it was time to build onto the little church. Well he had manifested what you call the building fund and remember they put the moneys in it to get it started. And then he was patient, as you would say, for about six weeks I believe it was. And no money manifested. And then he decided it was, through a little help of course, that it was time that some action was put into being in order to get things started and that's when he went with the big hammer and knocked the hole in the wall. You see what I'm saying? Yes, there is of course, you have to have the awareness of the

fact that you have certain responsibilities yourselves to fulfill, but when you're doing your portion to bring something into manifestation, do it in a relaxed manner, a non-stressful manner, knowing that it will come into total completion when indeed it is properly in the timing of God. In other words, don't get frustrated, as you would say. But you have to do your part, of course.

Now, David how's the time, the Rock's awfully nervous? Yes, that's why the Rock's nervous. And for those of you that might be here for the first time, that's just a loving expression that I utilize for Rolling Stone. It's much easier to say the Rock than Rolling Stone. I just thought I better clarify that. Because otherwise everybody'd be coming round later saying who's the Rock? Yes.

It has indeed been a pleasure to have this opportunity of manifesting once again in this manner. And as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you, and may you ever walk in his light and know his love, but most of all may you be filled with his peace. God bless you everyone.