



# THE TEMPLE NEWS



Volume 3 Issue 4

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April 2024



Islamic



Bahai



Buddhist



Hindu



Jain



Christian



Universality



Jewish



Shinto



Sikh



Taoism



Zoroastrian



## A MESSAGE FROM QWAN

Received by *Rev. Betty Fatalajski*

Words of Life – Words of Light. They are the same, Dear ones. You are light and you are life. You are Always alive. Surely you know there is no death. It

has been taught over and over, but you need to be reminded.

It is easy in the earthplane existence “to get caught up” as you say, in the body, mind and emotions. None of these, dear ones, is you. You are life; the life that resides within the form. The form that uses the mind and emotions to experience and express in the third dimensional reality of earth.

Do not attach yourself to the outer garment. The astronaut is not the suit that enables him to travel and exist on foreign soil. Your body is that suit, blessed astronaut of earth. You are on a mission to planet earth. That mission is to spread Light, to bring Light. Light is the law and Creator.

You are radiation of Light. The divine discontent within your heart is the feeling of being separated from the creator. All the playthings of earth will not pacify the soul that cries for attention. The soul has come to earth to be perfected. The Father is your Spirit. Your Spirit resides in the Father’s house, in the heaven of consciousness. The sould is crying to be freed; to return to the Spirit. Only the ego remains to separate you from freedom; from Heaven.

Embrace your ego, your personality. Bathe in it love of the heart. It is fearful of disintergration. Deny not the ego. It is your tool for communication and individuality. It is not you, but it is a great tool.

Allow the ego to express Love and Unity in your world; not separation and distrust. The heart unifies, the ego separates.

Now is the time for unity. A universal consciousness of brotherhood is emerging. Encourage it. Lift up the chalice of the heart to the Light and recognize that WE ARE ONE! I AM QWAN

Death ends a life, not a relationship. All the love you created is still there. All the memories are still there. You live on—in the hearts of everyone you have touched and nurtured while you were here.

--*Morie Schwartz* (from *Tuesdays with Morie*)

## APRIL UNIVERSAL CALENDAR

**4- 30 – Passover** – Celebrating when the Jewish people were led out of Egypt.

**Judism**

**17 – Ramayana** celebrates the birth of Lord Rama. **Hindu**

**8 – Hana Matsuri**, the Festival of Flowers, celebrates the birthday of Buddha - **Buddism**

**13 – Vaisakhi** is the most important holy day in the year, celebrating the New Year and Guru Gobind Singh’s creation of the Kalsa. **Sikh**

**9-17 – Ram Navami ends Ramayana Week**, as a fast kept to celebrate the birth of Lord Rama who is believed to be one of the incarnations of the Hindu god Vishnu. **Hindu**

**23 – Saint George Day** is celebrated by several nations of whom Saint George is the patron saint, including Georgia, Bulgaria, Portugal, England, Catalonia and the Gora.

**21 to May 2 – Ridvan** commemorates the twelve day period in 1863 when Baha’u declared that he was God’s messenger for this age. **Baha’I**

“You don’t have to battle evil or each other; you only have to realign with your true identity and stand steady in that light – the light will do the transforming.”

--**Mahatma**

What's Cooking!



Easy Chicken Enchilada Casserole

2 cans of cream of chicken soup
1 large can of chopped green chilies
2 cans of white boned chicken
(or you can get a cooked chicken)
Taco sauce to taste
Mix all ingredients together.
Sprinkle cheese on top once mixed up.
Tear up flour tortillas to bite-size pieces.
Bake at 350\* for 35-40 min.

APRIL GEMSTONE IS THE DIAMOND



Spiritually, the diamond is said to help improve your energy, personal growth and endurance. They also help with strength, power, courage, and love. Most importantly they help you to connect to Divine wisdom and help to fulfill your spiritual purpose.

I know, I know, it's good to be serious. But can we please just lighten up a teensy little bit?



Silliness makes your soul smile!

-Doe Zantamata

SO TRUE!!



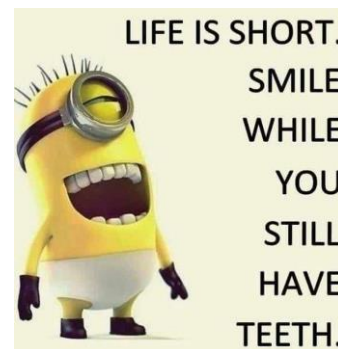
FOR THE LOVE OF FLOWERS April



Daisies - The daisy has long represented innocence, purity, and true love.



Sweetpeas - Because of it's cheery colors it's refered to as "blissful pleasure"



LIFE IS SHORT. SMILE WHILE YOU STILL HAVE TEETH.



Keep smiling..it makes people wonder what you are up to.

## TEMPLE OF UNIVERSALITY

*'Celebrating the Unity of God and Man'*

*Worship, Healing, Prophecy*



We're meeting the **1<sup>st</sup> & 3<sup>rd</sup> Sunday** at **11:00**

**Tucson Jewish Community Center**

3800 E River Rd. Tucson, AZ 85718

There's also a **bus stop** out front off of Alvernon/Dodge entrance for those who don't drive.

### MISSION STATEMENT:

*To Encourage the Teaching  
and Appreciation of All Religions and Philosophies,  
to Demonstrate the Truth of Eternal Life  
Through Communication with Spirit.  
And to Foster Individual Communication  
with The Creative Source*

### •❧ TENETS ❧•

1. The Kingdom Of God Is Within.
2. The Universe Is One— Visible and Invisible.
3. Heaven And Hell Are States Of Consciousness and Are Experienced as One Obeys or Disobeys Divine Law.
4. The Law Of Cause And Effect Is Real And Just.
5. Truth Is To Be Found In All Religions.
6. That Man Shall Know There Is No Death –Only Eternal Life.
7. Spirit Communication Is Real And Is Governed By The Law of Attraction.
8. Spiritual Healing is Possible and Is Facilitated by the Holy Spirit.
9. Man Has Never Lost His Divine Nature; He Has Forgotten it.
10. We Acknowledge One Supreme Being –The Creative Source

**REV JUDY FISHMAN** is doing **KABBALAH** classes on Saturdays twice a mo. at her house on the east side. Call her for information-- **520-730-7393**

Visit us at

[www.thetempleofuniversality.org](http://www.thetempleofuniversality.org)

Our Sunday **meditations** and **talks** are posted on our website thanks to **Rev Jack Zingg**

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## TEMPLE CLASSES

**REV FRANCES SMITH** is reading **WHITE EAGLE** on Zoom Mon mornings followed by a short 10 min meditation 10-11. She'll open for greetings at 9:45. If you'd like to join us email her at –

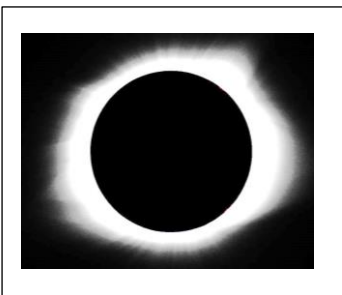
**TEMPLECLASS2020@GMAIL.COM**

## What does a Meteor Shower Mean Spiritually



**Comets** are made up of ice, dust, and gasses. If we read that symbolically, we might say they represent our frozen emotions and collective fears surfacing for us to see and heal. Anything we have been ignoring or suppressing can no longer be ignored. To the ancients, a comet represented change, like an eclipse.”

Speaking of eclipse's as you know we just had one. Because of it's planetary line-up, it was an important one. There is **spiritual** significance and symbolism associated with the April 8th, 2024 solar eclipse. Here are some key points to consider: New Beginnings and Fresh Starts: The solar eclipse, which is an intense new moon, is often seen as a symbol of new beginnings and fresh starts.



### Meteor Showers in April & May

- Lyrids: Peak in Roanoke Rapids on **April 21-22, 2024**. Visible in both hemispheres.
- Eta Aquarids: **April 15<sup>th</sup> to May 27<sup>th</sup>**, peak on **May 5-6, 2024**. Visible in both hemispheres.

### How Medeor showers May effect Your Zodiac Sign

#### Earth signs: Capricorn, Taurus, Virgo

It could help you to move from the practical to the realm of ideas and dreams. It's also a good time to learn, study and open your mind to the more unusual.

#### Air signs: Libra, Aquarius, Gemini

It can help you to focus your thoughts and bring things into focus. It helps you to move forward and get past projects done.

#### Fire signs: Aries, Leo, Saggitarius

A time to be still and reflect. It may help you to be open to new ideas and insights. A good time to ground and prioritize.

#### Water signs: Cancer, Scorpio, Pisces

It helps to unblock any stuck emotions. You awaken to compassion, for yourself, others, and the world. This shift will help you with more intuition. Take time to watch the meteor showers, and you will feel inspired to release some fears.

## A CHANNELED MESSAGE THROUGH REV BETTY TATALAJSKI FROM

### SHOOTING STAR

Dear Star Born Children of Light, follow not only the Start, but listen to the Planets. The Planets are live Beings, they are not inert matter. Each is the emanation of a great Divine Principle. As each Ray of the rainbow is a Principle of Power, as it were, each planet is a frequency of vibration that resonates a principle.

The Temple is going forth under the direction of the Planetary Builders. They are directing the work. They are aligning the energies just as your group is aligning theirs.

There is much action on your unseen levels. And each of you is being inner guided as to your individual involvement. Be not fearful of responsibility; know that you and the Father are One.

It is a Temple for the Worship of the Holy Spirit that you are building. And we are in gratified participation. The new age is being launched. It is a great thing that is being done. A place of freedom of religion is needed; A celebration of the human spirit is needed.

Celebrate each other as you come together. Be thankful for the myriad minds and helpful hands extended. We bless you, child, and this great project.

I bring you greetings from the Planetary Logos.

**I AM SHOOTING STAR.**



Some Temple ministers and members drumming at our April 7<sup>th</sup> Sunday service.



Rev Martha Boose (center) leading us in the Native American Directions.



Rev Barbara Burlock (standing) did her painted feather messages.



**UNIVERSALITY** *By Rev Betty Fatalajski (1<sup>st</sup> written for the Temple Newsletter in 1999)*

“Ageless Wisdom” has always been available to humanity and is the basis for the world’s major religions. We call this golden thread of wisdom that flows through these religions TRUTH. Aldous Huxley named it the perennial philosophy. We celebrate our common spiritual heritage, and honor each religion and worship the Creative Source of all these religions.

There is more to the universe than our limited vision can imagine.

We are just beginning to understand that we are a small part of a universal whole that determines the rhythm of all existence. As we become aware of this universal connection we are better able to understand our life purpose and our place in the Universal Order. Our awareness is expanded through the study, understanding and appreciation of all religions and philosophies and though individual communication with the One Creative Source. Our understanding

of each other leads to self fulfillment, a deep appreciation of all creation and a sense of peace. Through this process of understanding and acceptance we become happier and healthier. As we improve individually our ability to function within our society improves and eventually Society as a whole benefits by becoming happier, healthier, and more peaceful.

This is Universality.



## OMNIPRESENCE

The beauty of the sky and of all Nature makes a proper altar for the worship of the infinite. This is God's world; and when you know the Master of this universe, He will show you all His wonders. In the airplane of your visualization and perception, glide over the vast tracts of fancy, scanning the limitless empire of your thoughts. Behold there the unbroken mountain ranges of lofty spiritual aspirations for self-improvement.

Be guided by wisdom. Use judgment and discrimination. Remember, you are not the body, but the dynamic soul, the power of Spirit. Thus all knowledge and perception are within you. Feel yourself one with the universe, one with all nationalities, one with God.

--*Paramahansa Yogananda*

Now be happy, be filled with joy and look forward into the Light.

Live and move in the golden eternal Light, and know that nothing can hurt you. The only reality is the Light, is God, is Love!

--*White Eagle*

Ordinary riches can be stolen, real riches cannot. In your soul are infinitely precious things that cannot be taken from you.

--*Oscar Wilde (1854-1900)*

## HEALING PRAYERS

Please put these names in your prayers. Feel free to submit names to me for healing prayer list anytime.

Ursela Gurau  
Diane Powell  
Sergio  
Lanny Lewis  
& Edward

Robert Sisson  
John Sisson  
Inger Mason  
Mike Perry

Marshall Thurber  
Rex Bronnenberg  
William Benedetti  
Hoyt Robinette  
Margaret Lucas  
Kathleen Greersen  
Mary Ann Majors  
Rachel Sue Senn  
Maureen Starnes  
Martha Schoon  
John Mason



[Kristine.fossatti@gmail.com](mailto:Kristine.fossatti@gmail.com)



**THINKING BIG** "Looking to the stars always makes me dream, as simply as I dream over the black dots representing towns and villages on a map. Why, I ask myself, shouldn't the shining dots of the sky be as accessible as the black dots on the map of France?" - *Vincent Van Gogh*

## THE PEACH TREE

By Joe Fossatti

*(First written in the 1998 Temple Newsletter)*

A man was digging a hole in his yard, when his neighbor happened by. "What are you digging for," he asked.

"I'm going to plant a peach tree," he replied.

His neighbor looked at the hole, with its hard and rocky soil. "It seems like a lot of work just for some peaches. It's much easier to buy them at the market. Besides fruit trees take a lot of time, with pruning, feeding watering, nevermind protecting them from birds, too much work," the neighbor lamented.

The man paused from his work and he wiped his brow. Leaning on his shovel he said, "Have you ever seen their beautiful pink blossoms in the spring after a long cold winter? And honey bees buzzing from flower to flower gathering its sweet nectar? And when the blossoms fall away, a tiny fruit is left in its place. All through the summer you carefully tend to your tree watering it and watching it grow."

"And as the end of summer approaches the plump fruits take on the colors of gold to red and all the shades in between. The reward for all your hard work comes when its time to pick the fuzzy fruit from the tree that has ripened to its fullest. The taste of its flesh, so sweet and juicy, and to smell the aroma, so rich and fragrant it will fill your head."

"When the fruit is gone and the air turns cold its golden leaves will have fallen to the ground, I'll look out my window I'll think of last summer and look forward to the promise of spring when I and the tree renew old acquaintances again."

The man returned to his digging. His neighbor went home to dig himself a hole.



**APRIL HOROSCOPES By Rev. Arlene Farrow**

**ARIES:** April 17 – 23 financial opportunities come into focus. Don't believe everything you hear on the 29 th . After that you will experience a boost in energy.

**TAURUS:** On the 20 th there is a strong urge to free yourself from anything that feels stale. Keep what you value Now. On the 25 th, be careful not to rush to conclusions.

**GEMINI:** You may want to assess the company your keep. After the 25 th , speak confidently but remember everyone else has that same freedom.

**CANCER:** Consider shedding one indulgence that might be holding you back. Balance inner needs with outer obligations. April 25th a confusing situation becomes clear.

**LEO:** April 17 – 23 new opportunities seem to appear out of nowhere. Now you can explore different perspectives. As you move forward, take one step at a time.

**VIRGO:** April's events may reveal some long buried truths. You may have fresh ideas about what you value. After the 20 th you find ways to open up to others more fully.

**LIBRA:** April is a time of testing and strengthening relationship bonds. Know that you can speak your truth and still keep your cool. On the 21 st and 22 nd you sparkle.

**SCORPIO:** Notice what you give your time to and prioritize what gives you joy. You stand out to those around you the 25 th. A key relationship may re-set at month's end.

**SAGITTARIUS:** Sagittarius Freedom feels especially important to you on the 20 th . On the 23 rd you can perceive old patterns that keep you stuck. Make space for what matters most.

**CAPRICORN:** Time to embrace a shift toward a more balanced and harmonious home life. Plan, then integrate changes gradually. You're ready to have fun after the 19 th .

**AQUARIUS:** April 1 - 25 communications can be misunderstood: Tread lightly and respect others boundaries. After the 23 rd , you may have a shift in understanding.

**PISCES:** Embrace spring cleaning not just for your space but for your overall life. Make room for the new by letting go of the old. You see things anew on the 23 rd .

**SPIRITUALITY**

God made you in His image, and in this image lie all the beautiful qualities of Spirit. You must discipline yourself to develop your sleeping spiritual powers and to find the kingdom of perpetual happiness within. If you consciously and continuously live on the spiritual plane, you will attract all things that will lift you up to final liberation. In the garden of your heart, cultivate the flower of devotion, praying, "O Flower of Unfading Fragrance! Send Thy breath of love to cheer me always, as I climb the spheres of realization on my way to full Enlightenment."

*—Parmahansa Yogananda*

**APRIL BIRTHDAY'S**

Jan Meleo 1

Mary Dee 1

Mary Jane Ridder 4

Jeanette Long 5

Erin Madden 6

Lucy Fund 11

Kirsten Petersen 15

**Smile for good health**

These are actual answers (and spelling) from a 6<sup>th</sup> grade history class.

\*Solomom had three hundred wives and seven hundred porcupines.

\*In the Olympic games, Greeks ran races, jumped, hurled biscuits, and threw the java.

\*Moses led the Hebrew slaves to the Red Sea, where they made unleavened bread, which is bread made without any ingredients.

\*Moses went up on Mount Cyanide to get the ten commandments. He died before he ever reached Canada.

\*Joan of Arc was burnt to a steak and was canonized by Bernard Shaw.

\*Finally Magna Carta provided that no man should be hanged twice for the same offense.



## ABOUT CASTOR OIL

*By Rev Inger Mason*

**Edgar Cayce** has been called the father of the modern-day holistic health movement, and his physical readings continue to be studied by physicians to

determine if the material given for specific individuals years ago can be used today to help those who suffer from similar conditions. The principles of health and healing in the Edgar Cayce readings are that the balance of body, mind, and soul are so closely intertwined that the dis-ease of any of these three aspects will also affect the other two. Castor oil is derived from the bean of the *Ricinus communis* or Palma Christi (palm of Christ) plant, having beautiful large palmate leaves. Through the Cayce readings, it is apparent that the oil of this humble plant is a marvelous source for a multitude of natural remedies. Castor oil is mentioned for use in the form of external oil packs in over 570 health readings. The packs were indicated for use in a wide variety of health situations, from arthritis, to liver and intestinal conditions, to scleroderma. Additionally, castor oil was sometimes recommended for use in massage for various skin disorders, tumors, and breast cancer. Clearly, the beneficial usage of castor oil is wide ranging indeed!

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Ugh! That awful tasting stuff I occasionally was forced to take as a child? What about it, you ask? Well, it is a wonderful all-healing remedy! It's use going far back in time to medieval days when the monks used it for healing under the name of "Palma Christi", the healing hands of Christ. According to Edgar Cayce's readings, castor oil is applied to wool flannel (cotton will do) and placed over the area of the body where healing is needed. It is covered with plastic for protection, a heating pad is then added, and finally a towel holds it all in place. Leave it on for about 45 min. at a time until healing has been accomplished. If you turn on the TV to occupy your attention, saying to yourself, "Ok, I shall try

this but it probably isn't going to work", well, you most likely will be right, because it takes more than that. It takes your sincere belief and faith in the healing power of the "Palma Christi". It takes accompanied meditation in which you call forth the Healing Powers from the Christ Self within you, thanking your Creator, who has placed that Power there for you to tap into. Use the powerful tool of visualization, and envision the Christ Principle of healing radiating in an emerald-green glow around your hands as you hold them over the afflicted area. Perhaps your favorite meditation music will keep you focused in prayer and gratitude as you visualize healing taking place— always according to God's Divine Will! As healing takes place in you, pray that it also may flow through you to all humanity, knowing that we are all one with each other and one with our Creator. Personally, I have had several healings take place using this method, such as: a knee largely swollen with fluid, valves damaged from a blood-clot in the leg, a cancer spot on the face, a toothache, and inflamed gum tissue. I have seen it heal an eye infection and have read in the book of "Edgar Cayce's Healings" that it has cured fibrous tumors and slipped disks. In fact there is nothing that it will not cure if you believe it will! And by the way, if you purchase cold pressed Castor Oil at the health food store from Edgar Cayce's center at Virginia Beach you will find it is practically tasteless. So, take it a little on a spoon by mouth every night as a preventative and stay well!



**Be GLAD you have the opportunity to be alive at this time, and to be a part of that preparation for the coming influences of a spiritual nature that MUST rule the world.**

**These are indicated, and these are part of thy experience. Be happy of it, and give thanks daily for it.**

**~ Edgar Cayce ~  
reading 2376-3**